



Take the HQ Now...Before It's Too Late

Deadline—September 30

- **HQ (HealthQuotient)**—Online assessment helps you be your best
- **Savings**—Avoid paying **extra \$250 or \$500*** on your 2017 medical plan deductible
- **Confidential**—Your church, employer, conference, insurer and HealthFlex cannot see your information
- **Details**—See *2016 Incentives FAQs* for HQ details—on the HealthFlex/WebMD website

HQ Is Easy

- Start at **wespath.org**
- Log in to **HealthFlex/WebMD** (bottom of webpage)
For help logging in: WebMD **1-866-302-5742**

** HQ = Savings—Take the HQ and avoid paying **\$250 extra** (individual deductible) or **\$500 extra** (family deductible). Primary participant and covered spouse must **both** take the HQ by **September 30** to avoid the higher family deductible.*

Participation in HealthFlex wellness programs is voluntary.

4301/090516

General Board of Pension and Health Benefits has been renamed
Wespath Benefits and Investments





HEALTHQUOTIENT (HQ)

HQ Ends September 30

Don't miss the HealthQuotient (HQ) deadline!



Wespath

BENEFITS | INVESTMENTS

a general agency of The United Methodist Church

Center for Health

Wespath Benefits and Investments

1901 Chestnut Avenue
Glenview, IL 60025-1604
1-800-851-2201
wespath.org