



Wespath

BENEFITS | INVESTMENTS

Center for Health

August 2017

HealthFlex Plan Sponsor Calls

Agenda

- New WebMD webpage demo
- WebMD mobile app
- HealthQuotient update
- Virgin Pulse social platform
- Health Team and well-being questions
- OptumRx website update

WebMD Webpage Demo

Home Benefits Videos Health Topics Health Tools Wellness Success Stories Rewards

0 Jane ▾

Center for Health

POWERED BY **WebMD** health services

Jane's Action Plan

Today would be a great day to...

- Track your waist size ▶
- Sync your device with WebMD ▶

HealthFlex Partners

Links to all vendor partners: OptumRX, Quest, EAP, VSP, WageWorks, and more!

HealthFlex Details and FAQs

Find detailed information for HealthFlex programs, benefits and incentives.


HealthFlex News

Annual Election is here!
Make your 2018 HealthFlex benefit elections now through November 16.

[Quest Diagnostics Blueprint for Wellness](#) [HealthFlex Wellness Points](#) [Device Connection Center](#) [Join Virgin Pulse](#) [HealthFlex Plan Benefits](#)

WebMD Webpage and Mobile App

- Go live target: **August 22**
- HealthFlex members notified through **WebMD e-mail**
 - But: many participants **opt out** of WebMD e-mails
- E-blast available for plan sponsors to send



NEW—WebMD MOBILE APP
Wellness Resources On the Go!

There's a new way to reach HealthFlex/WebMD resources: WebMD's new Wellness At Your Side mobile app.

Get Started—Here's How

- 1 Download WebMD's Wellness At Your Side mobile app. Open the app.
- 2 Tap "Use Your Connection Code Instead"
- 3 Enter HEALTHFLEX
- 4 You are taken to your WebMD login page. Login with your username and password (only required first time)
- 5 You're connected! Explore Wellness At Your Side.

After this initial setup, you can open WebMD's Wellness At Your Side app by touch or with your WebMD username and password.
Need setup support? Call WebMD at 1-866-360-5342.


Customized WebMD Access

Use WebMD's Wellness At Your Side app to:

- search the full HealthFlex/WebMD website from your smartphone or tablet
- take your HealthQuotient (HQ)
- set and track goals with My Health Assistant
- Check your Wellness points progress

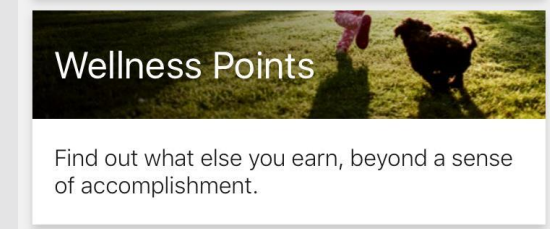
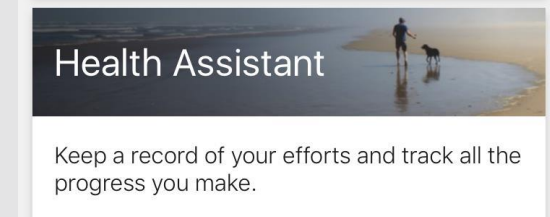
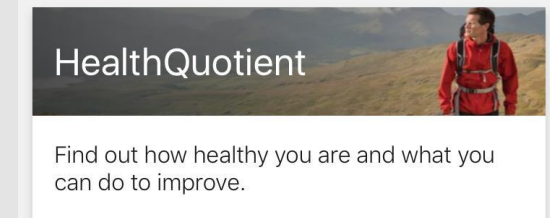
The mobile app syncs with your personal HealthFlex/WebMD webpage. Choose "Access Full Site" for secured, mobile-friendly access to:

- your claims (medical, pharmacy, etc.)
- your reimbursement accounts*
- Provider searches and more



WebMD Mobile App

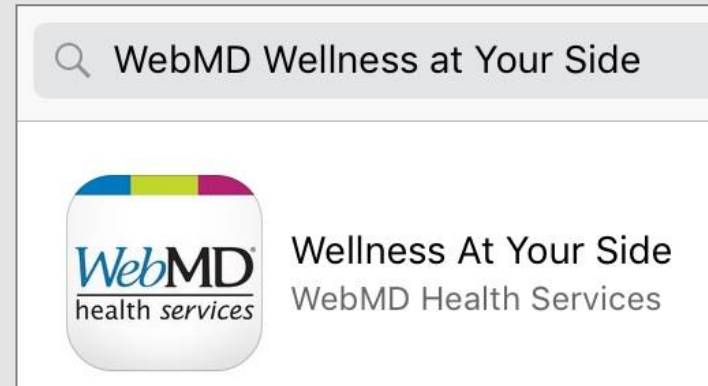
- “Wellness at Your Side”
mobile app
 - Access full personal **HealthFlex/WebMD site**
 - Complete **HQ**
 - Set and track goals with **Health Assistant**
 - Track and earn **Wellness Points**



“Wellness at Your Side” Mobile App

- **Step 1**
In App Store search
“Wellness at Your Side”
and download app
- **Step 2**
Select **“Use your
Connection Code
instead”**

1



2

A screenshot of the app's login screen. The background is a light blue color. There are two white input fields with rounded corners. The first field is labeled "Access key" and the second is labeled "Last name". Below the input fields is a grey button with the text "Connect" in white. At the bottom of the screen, there is a link in blue text that says "Use your Connection code instead".

“Wellness at Your Side” Mobile App

- **Step 3**

Enter “**HEALTHFLEX**”
then click “**Connect**”

- **Step 4**

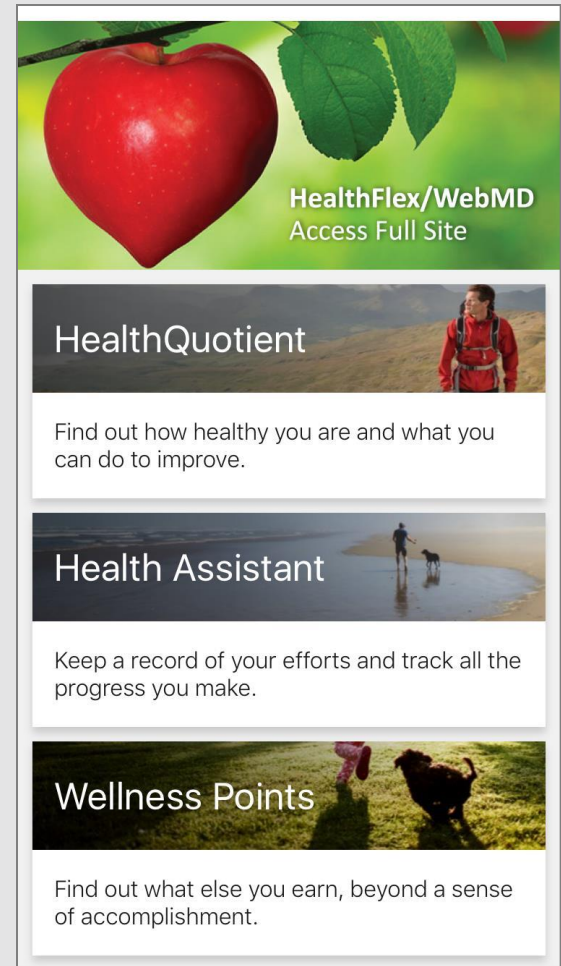
Log in with your
HealthFlex/WebMD
username and password

- Only required when
connecting first time

A screenshot of the mobile app login screen. It features the WebMD health services logo at the top. Below the logo, there are two input fields: "Username" and "Password". The "Password" field has a "SHOW" link to its right. Below the input fields is a grey button labeled "Sign in".

“Wellness at Your Side” Mobile App

- **Step 5**
Explore!
- **Need help?**
Call WebMD at
1-866-302-5724



HealthFlex/WebMD
Access Full Site

HealthQuotient
Find out how healthy you are and what you can do to improve.

Health Assistant
Keep a record of your efforts and track all the progress you make.

Wellness Points
Find out what else you earn, beyond a sense of accomplishment.

HealthQuotient Update

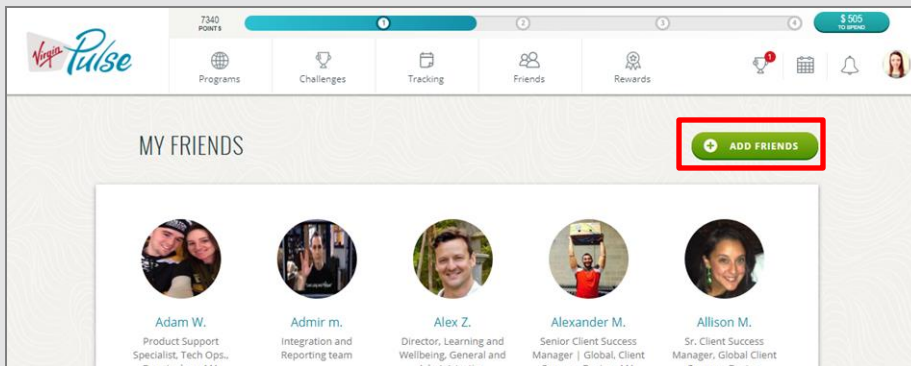
- Two new custom questions regarding spiritual well-being
- Non-completer lists sent to each plan sponsor 3rd and 4th weeks of September
- Hard Deadline - **Sunday, October 1, 11:59 EST**

Virgin Pulse Social Platform

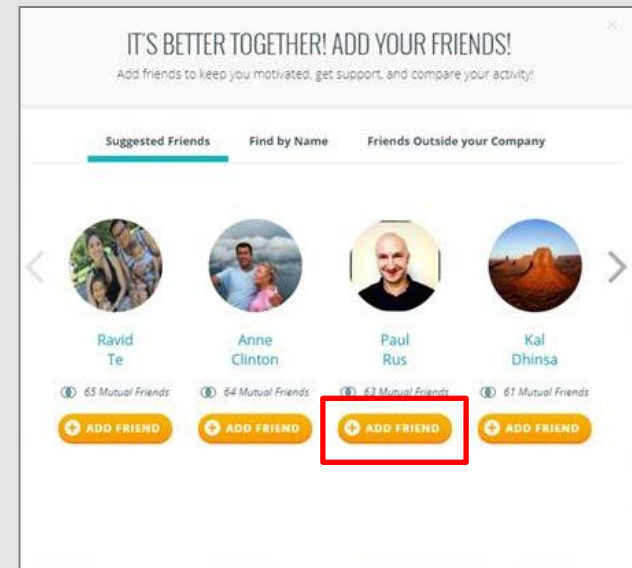
- Creating connections with **engaged population**
- Creating connections with those **outside of Virgin Pulse**
- New “**Refer a Friend**” program
- **Challenges**

Virgin Pulse Social Platform

Creating connections with engaged population

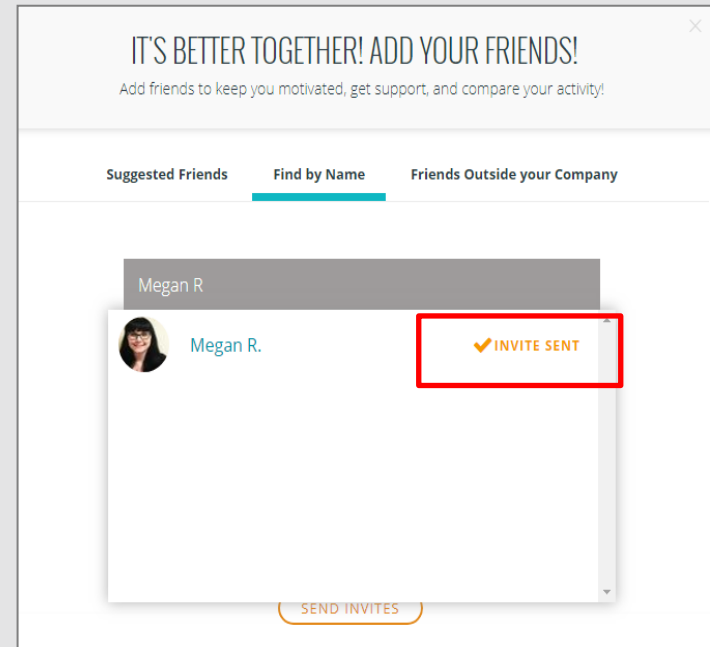
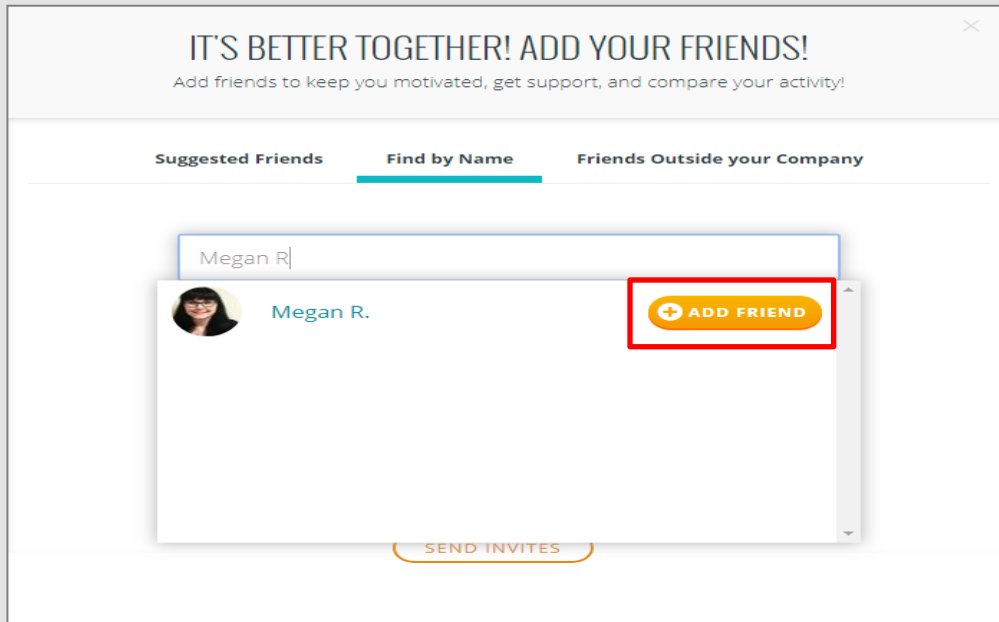


VP makes suggestions to connect



Virgin Pulse Social Platform

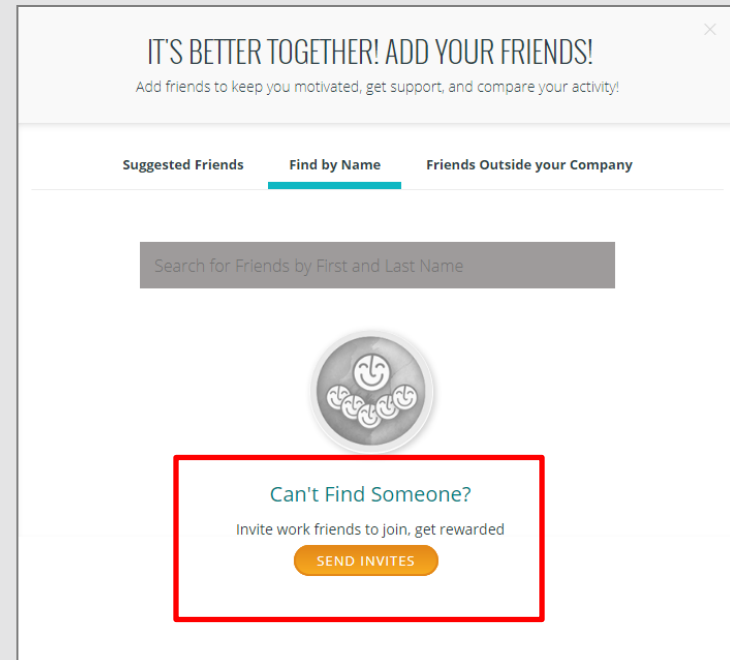
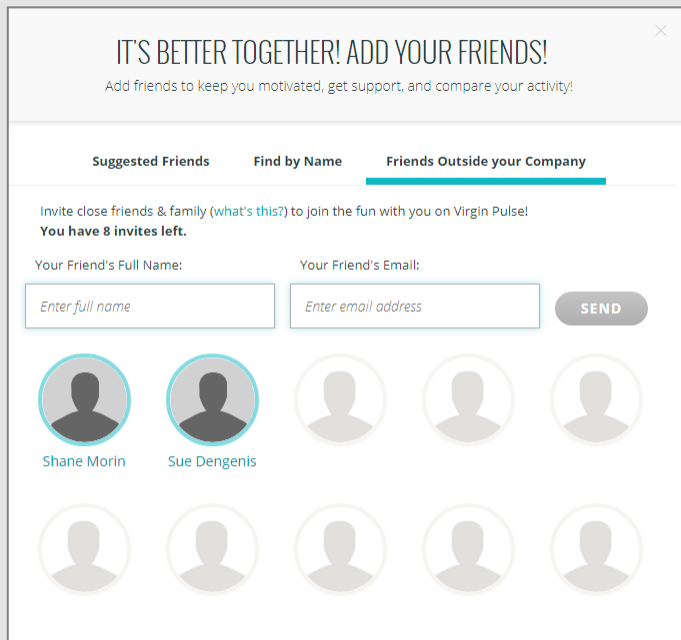
Search for your friends by name



Creating connections with engaged population

Virgin Pulse Social Platform

Invite family and friends to join you who are not covered by HealthFlex



Virgin Pulse Social Platform

New “Refer a Friend” program



Earn **250 points** when you invite 5 friends within the UMC

Virgin Pulse Social Platform

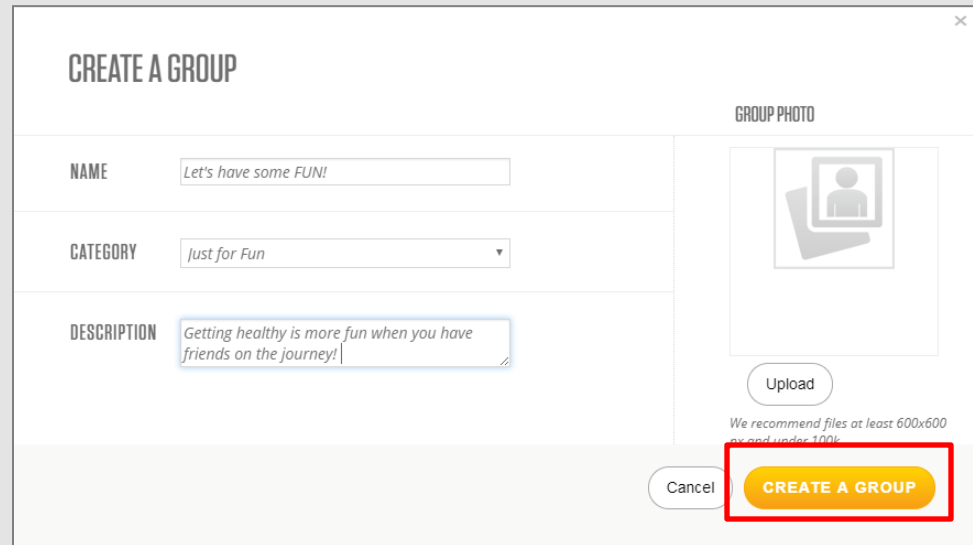
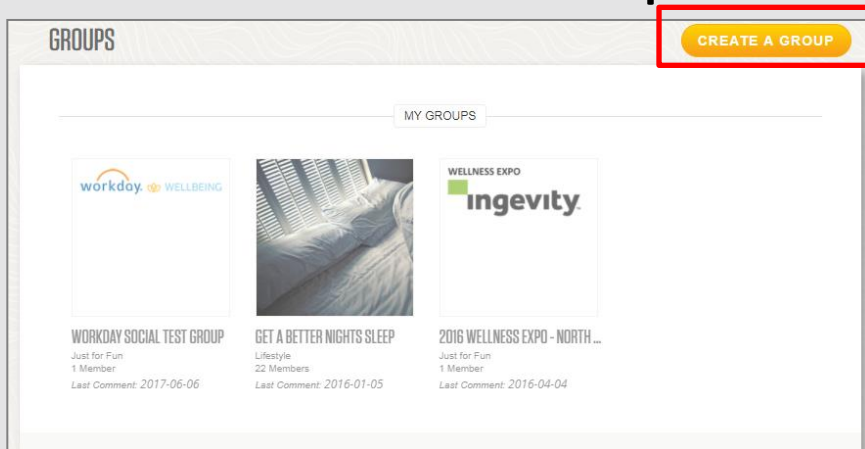
- Join a Group
- Search
- Click “Join Group”

The screenshot displays a grid of 12 group cards on the Virgin Pulse Social Platform. At the top, there are two dropdown menus: "Sort By: Name" and "Show: All Groups". Each group card features a profile picture (either a logo or a person icon), a group name, a category, member count, and last comment date. A red box highlights the "OREGON-IDAHO UNITED METHO..." group, which has a scenic mountain image as its profile picture and a "JOIN GROUP" button.

Group Name	Category	Members	Last Comment
The South Georgia Conference of The United Methodist	Just for Fun	1 Member	14 hours ago
NATURE WALKERS	Activity	12 Members	2017-08-05
GREAT PLAINS UMC	Just for Fun	9 Members	2017-07-17
IGRC	Just for Fun	17 Members	2017-07-08
PACIFIC NORTHWEST UMC	Just for Fun	2 Members	2017-07-07
OREGON-IDAHO UNITED METHO...	Activity	1 Member	2017-07-07
PASTORS SPOUSE	Activity	3 Members	2017-06-28
SUSQUEHANNA U.M.C. CONFERE...	Just for Fun	2 Members	2017-05-27
UPPER NEW YORK ANNUAL CON...	Just for Fun	9 Members	2017-05-13
THE UPPER ROOM	Just for Fun	8 Members	2017-05-08
INUMC FAMILY	Just for Fun	17 Members	2017-04-12
NORTH TEXAS CONFERENCE	Just for Fun	6 Members	2017-04-11

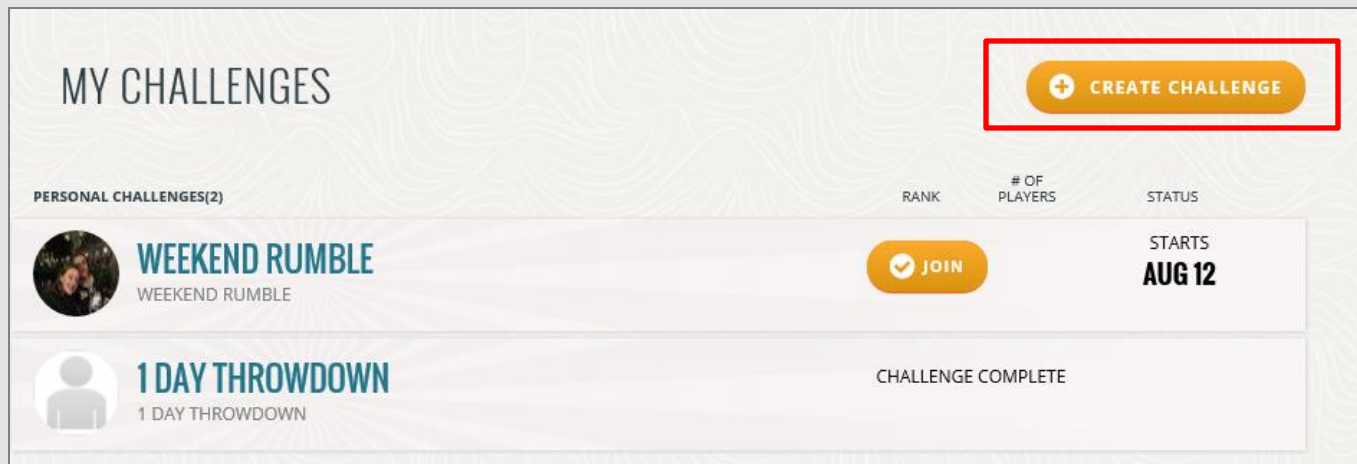
Virgin Pulse Social Platform

Create a Group





Virgin Pulse Social Platform

- Challenge—**healthy habit or activity**
 - Personal
 - Invite friends (up to 249)



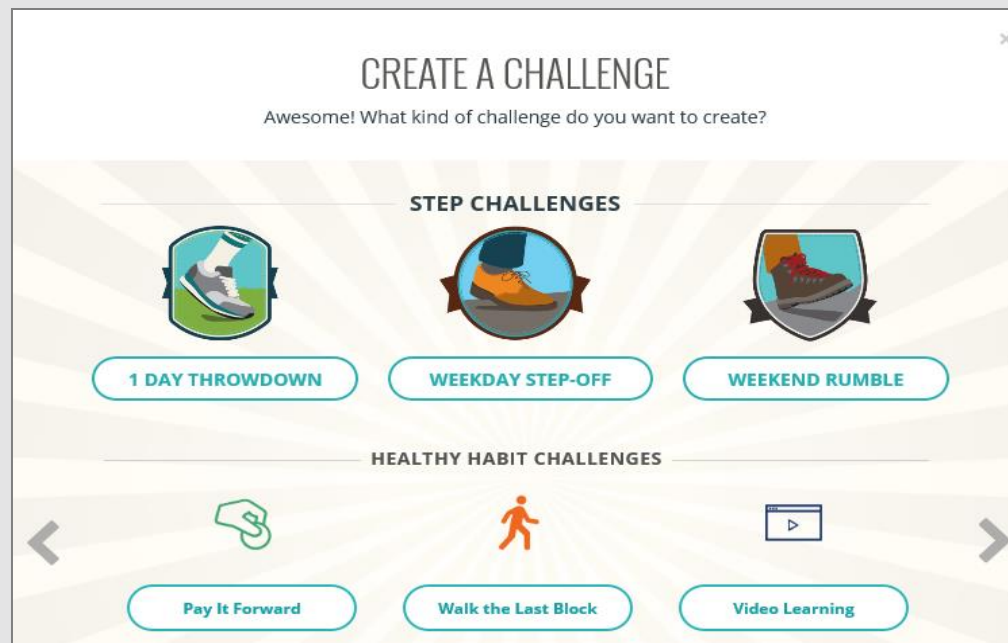
MY CHALLENGES

[+ CREATE CHALLENGE](#)

PERSONAL CHALLENGES(2)	RANK	# OF PLAYERS	STATUS
 WEEKEND RUMBLE WEEKEND RUMBLE		JOIN	STARTS AUG 12
 1 DAY THROWDOWN 1 DAY THROWDOWN			CHALLENGE COMPLETE

Virgin Pulse Social Platform - Challenges

- Challenges
 - Select **type of challenge**



Virgin Pulse Social Platform - Challenges

- Challenges for large groups or conference-wide
 - Invite all enrolled to an activity challenge
 - Permission granted to specific individual(s) at each plan sponsor
 - Easy to set up
 - Instructions on Wespath Extranet
<https://extranet.gbophb.org/express/VP/>
 - Questions or support for challenges, contact wellnessteam@wespath.org

Health Team—Well-Being Questions

- Health Team can answer well-being questions about:
 - **WebMD**
 - **Virgin Pulse**
 - **Quest Diagnostics—Blueprint for Wellness**
- Wespath Health Team **1-800-851-2201**

OptumRx Website Refresh—September

OPTUMRx Help | Art | Cart

Home | Order Status | Member Tools | Specialty Pharmacy | Information Center | Benefits & Claims | My Account

My Medicine Cabinet

Montgomery
You manage 3 household members. [Choose who you want to view](#)
You manage 2 care recipients. [Choose who you want to view](#)

Print

At a glance

Add 2 Home Delivery refills to cart [Quick checkout](#)

Check order status for 2 medications [Track orders](#)

Savings Advisor: You could save [\$\$] on [Medication name] by switching to a lower-cost alternative. [See savings options](#)

Sort medications by:
Delivery method (default) [Grid view](#) [List view](#)

OptumRx Home Delivery: [X] medications

LANTUS INJ SOLOSTAR
[View details](#)
Rx: XXXXXXXXXXXXX

Cost per refill: **\$50.00**
(per 90-day supply)

Refills remaining: 1 | Order status: **On hold**

Payment error: There is a problem with your saved payment information.
[Update payment information](#)

SODIUM FLUORIDE-XYLITOL CHEW TAB 2.2 (1 MG F)-236.79 MG
[View details](#)
Rx: XXXXXXXXXXXXX

Cost per refill: **\$35.00**
(per 90-day supply)

Refills remaining: 1 | Est. days until next refill: 10

Ready to refill: Order your refill by [XXXXXXXXXX] to receive your medication on time.
[Refill medication](#)

Save money: You could save on this medication by switching to a lower-cost alternative. [See savings options](#)

SODIUM FLUORIDE-XYLITOL CHEW TAB 2.2 (1 MG F)-236.79 MG
[View details](#)
Rx: XXXXXXXXXXXXX

Cost per refill: **\$35.00**
(per 90-day supply)

Refills remaining: 3 | Est. days until next refill: 45

Ready to refill: Order your refill by [XXXXXXXXXX] to receive your medication on time.
[Refill medication](#)

Member tools

[Drug search](#)

[Home Delivery](#)

[Low-cost options](#)

[Pharmacy locator](#)

OptumRx Website Refresh Details

New OptumRx portal empowers participants to become informed advocates of their own health

- **My Medicine Cabinet:** Displays at-a-glance actions to take for all medications
- **Drug Pricing:** Compare drug costs at 5 pharmacies/view lower-cost alternatives
- **Proactive Savings Messaging**
- **Order Status:** Track where each order is within the process and remove various order holds without having to call customer service
- **Member Tools:** Easy access to the most commonly used tools
- **Household Access:** Manage prescriptions for family members

Thank you for your partnership!





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