

Opt In So You Don't Miss Out



Our records show you're not receiving important e-mails from WebMD about your HealthFlex benefits.

Be In the Know

By *opting in*, you'll receive periodic HealthFlex information about the HealthQuotient (HQ), webinars and Annual Election. Checking both boxes assures that your Blueprint for Wellness results automatically and securely populate into your HQ—saving you time and improving accuracy over self-entered HQ data.

Opt In—Here's How

- 1) Go to **www.wespath.org**; select **"HealthFlex/WebMD."**
- 2) Log in with your **WebMD username and password.**
- 3) Click **your name** (top of screen); then select **"Settings."**
- 4) Make sure your **e-mail address** is correct.
- 5) **Check both boxes.**

For help logging in, contact WebMD: **1-866-302-5742**

Participation in HealthFlex well-being programs is voluntary.

Home Benefits Videos Health Topics Health Tools Wellness Success Stories Rewards

JOHN

Settings Logout

Center for Health

JOHN's Action Plan

Today would be a great day to...

Sync your device with WebMD

HealthFlex Partners

Links to all vendor partners: OptumRX, Quest, EAP, VSP, WageWorks, and more!

HealthFlex Details and FAQs

Find detailed information for HealthFlex programs, benefits and incentives.

HealthFlex News

New for 2018—NutriSavings. This new resource makes it easier to "shop healthy" at the grocery store. Learn more.



(I would like to be contacted by email with information based on my health interests. I understand that I may opt-out of receiving these emails within "Settings" at any time.)

Yes, I would like to update my WebMD Health Record with my imported personal health information. Personal health information contains validated data from an external source from your health insurance plan, your pharmacy benefit plan, or your lab vendor.

By unchecking this box I understand that my data will not be imported and I will not be eligible for HealthFlex Wellness Points for health measures.



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general agency of The United Methodist Church

Center for Health



HEALTHFLEX/WEBMD

Are You Missing Out?

Next time you log in to the HealthFlex/WebMD website,
check your **“Settings”** (under your name).

Both boxes should be checked.

Wespath Benefits and Investments

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