



Wespath

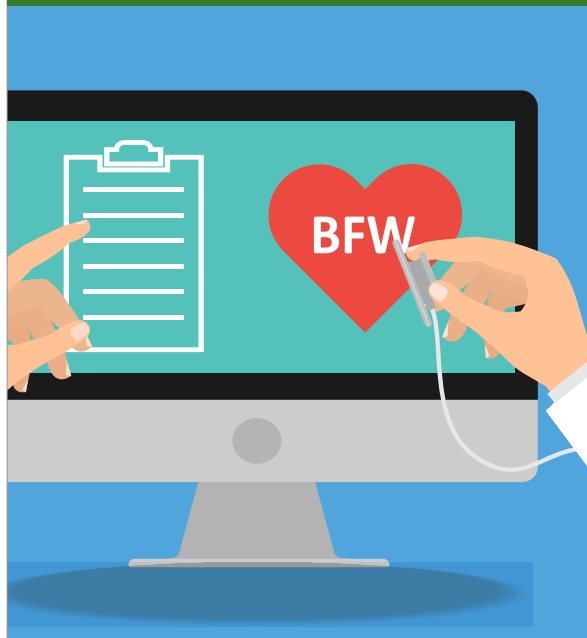
BENEFITS | INVESTMENTS

a general agency of The United Methodist Church

Center for Health

Schedule Your Blueprint for Wellness® Screening!

Participant and Spouse Each Earn \$100 and Up to 120 Wellness Points



About Blueprint for Wellness

Blueprint for Wellness (BFW) involves one blood draw and a few measurements. It's provided at no cost—if completed during annual conference, a staff wellness event, or at a Quest Diagnostics location (*registration required*).

Gain valuable information about your heart, kidney function, cholesterol and other health factors—then share with your doctor or other primary care provider (PCP). Results are confidential and will be securely uploaded to your HealthQuotient (HQ).

Register Now—Don't Miss Out!

Online: wespath.org

Select “**HealthFlex/WebMD**”
under Account Login.
Then select “**Quest Diagnostics
Blueprint for Wellness**” from gray bar

Phone: 1-855-623-9355

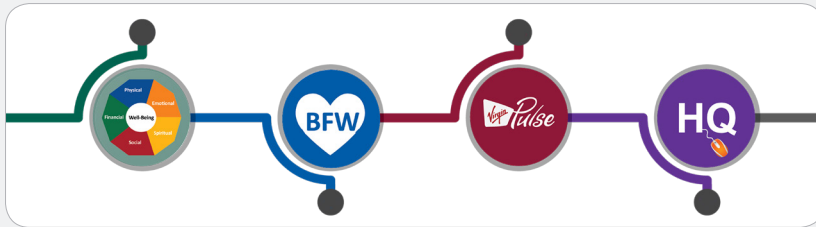
Employer group:
**United Methodist Church
or HealthFlex**

Note: You must be enrolled in HealthFlex and Virgin Pulse to earn and redeem PulseCash. The IRS considers cash wellness incentives as taxable income. Please consult your tax advisor.

Depending on your results, you can earn up to **120 Wellness Points** on your way to \$150 more in PulseCash.

Blueprint for Wellness details:
wespath.org > **HealthFlex/WebMD**
Select **2018 Incentives FAQs**





Blueprint for Wellness Screening

April 1 through July 31

Earn \$100 PulseCash / Earn up to 120 Wellness Points

Register at **wespath.org** (HealthFlex/WebMD) or **1-855-623-9355**

Watch for information from your plan sponsor about on-site screenings.
Walk-ins are limited at annual conference or a staff event—**registration is strongly recommended.**

Registration is required to take the Blueprint for Wellness screening
at a local Quest Diagnostics location.

Participation in HealthFlex well-being programs is voluntary.

Wespath Benefits and Investments

1901 Chestnut Avenue
Glenview, IL 60025-1604
1-800-851-2201
wespath.org