

# Safely dispose of your unused medication

Like many Americans, you may have unused or expired medications at home that could be dangerous to your family or others.

These medications are a public safety issue that can lead to accidental poisoning, overdose or death. It is common for individuals who abuse prescription drugs to get them from family and friends — and the home medicine cabinet. If thrown in the trash, unused prescription drugs can be retrieved and abused. If flushed down the toilet, they can contaminate the water supply.

OptumRx® offers drug disposal kits, free of charge, so you can easily and safely dispose of unwanted or expired medications without harming the environment or risking potential abuse.

**7 out of 10**  
prescriptions remain  
unused and available  
for potential abuse



Call the number on the back of your plan ID card to **receive a medication disposal kit at no charge.**