

HealthFlex Summit: **Agenda**

October 17-18, 2019

Thursday, October 17

10:30 – 12:00 p.m.	HealthFlex 101 session Meetings with Wespath Staff Tours of Wespath	
12:00 - 1:00 p.m.	Lunch Buffet	
1:00 p.m.	Welcome & Opening Prayer / Devotion	
	Opening Remarks	Martin Bauer
1:25 p.m.	HealthFlex Operational Updates	Kelly Wittich
2:30 p.m.	Data to Drive Decisions	Bob Gerlach, David Carr
3:00 p.m.	Break	
	<ul style="list-style-type: none"> • Wellness Walk on the Wespath Path • Chair Yoga 	Leah Holzwarth TBD
3:30 p.m.	Breakout Sessions	
	<ul style="list-style-type: none"> • HealthFlex Exchange • Promoting HSA plans 	Kelly Wittich Bob Gerlach
4:30 p.m.	Break	
4:45 p.m.	Legal and Regulatory Update	Jim O’Connell
5:15 p.m.	Table-Top Discussions / Plan Sponsor Best Practices	Kelly Wittich, Bob Gerlach
5:30 p.m.	Wrap-Up for the Day	
5:45 p.m.	Dinner on Wespath Patio (Weather Permitting)	
	<ul style="list-style-type: none"> • Health Team Joins for Dinner • Healthy Interactive Activities Offered: Ping-Pong, Baggo, Badminton, Games 	

Friday, October 18

7:00 – 8:15 a.m.	Breakfast	
8:15 a.m.	Shuttles Depart for Wespath	
8:45 a.m.	Welcome and Opening Prayer	
9:00 a.m.	Well-Being	
	<ul style="list-style-type: none"> • Chronic Conditions and HealthFlex • Maximizing Programs – Personally and Administratively • What’s new in Well-Being 	Shelly Brooks-Sanford Todd Creviston Leah Holzwarth
10:45 a.m.	Break	
11:00 a.m.	Keynote Speaker: Dr. Christopher Sletten, Consultant, Department of Pain Medicine, Mayo Clinic, Jacksonville, Florida	
12:15 p.m.	Q&A / Wrap-Up	
12:30 p.m.	Lunch	
1:30 p.m.	Event Ends	