



Wespath

BENEFITS | INVESTMENTS

a general agency of The United Methodist Church

Participate in HealthFlex Well-Being Programs from the Comfort of Your Home



Blueprint for Wellness®

Now available with an at-home finger stick option – Qcard! With this option you will still earn \$100 PulseCash in your Virgin Pulse account after completion and receive most of our comprehensive panel of tests to share with your doctor. Order online—log in to HealthFlex/WebMD from Wespath.org and click Blueprint for Wellness.



HealthQuotient

Taking the HQ is as easy as ever. Log in to HealthFlex/WebMD from Wespath.org and select “Complete HealthQuotient” in your Action Plan. You will avoid an extra \$250 (individual) or \$500 (family*) on your deductible for 2021 just for completing the questionnaire.

Participation in wellness programs is voluntary.

PulseCash is considered taxable income. Consult your tax advisor.

**If your spouse is in HealthFlex, he or she also must take the HQ in order for your household to avoid the higher deductible*



Complete Blueprint for Wellness and HealthQuotient Today!

The deadline has been extended to
September 30, 2020 due to COVID-19.



**Complete Blueprint
for Wellness or HQ
before August 15,
and you will receive
250 Virgin Pulse
points for each.**



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