



# Wespath

BENEFITS | INVESTMENTS

a general agency of The United Methodist Church

## Participate in HealthFlex Well-Being Programs Safely Today



### Blueprint for Wellness®

Quest Diagnostics has implemented a number of safety precautions at local laboratories to help you stay safe, even if your regular onsite event was cancelled this year. Earn \$100 PulseCash in your Virgin Pulse account after completion and receive our comprehensive panel of tests to share with your doctor. Order online—log in to HealthFlex/WebMD from [Wespath.org](https://Wespath.org) and click Blueprint for Wellness.



### HealthQuotient

Taking the HQ is as easy as ever. Log in to HealthFlex/WebMD from [Wespath.org](https://Wespath.org) and select “Complete HealthQuotient” in your Action Plan. You will avoid an extra \$250 (individual) or \$500 (family\*) on your deductible for 2021 just for completing the questionnaire.

*Participation in wellness programs is voluntary.*

*PulseCash is considered taxable income. Consult your tax advisor.*

*\*If your spouse is in HealthFlex, he or she also must take the HQ in order for your household to avoid the higher deductible*



# Complete Blueprint for Wellness and HealthQuotient Today!

The deadline has been extended to  
**September 30, 2020** due to COVID-19.



**Complete Blueprint  
for Wellness or HQ  
before August 15,  
and you will receive  
250 Virgin Pulse  
points for each.**



**Wespath**

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