



Wespath

BENEFITS | INVESTMENTS

Wespath Benefits and Investments

1901 Chestnut Avenue
Glenview, IL 60025-1604
wespath.org

<FirstName LastName>

<Address>

<City>, <State> <ZIP>

Dear <FirstName LastName>:

Each year, as a HealthFlex participant you can earn a **\$100* reward incentive** and save money on health plan deductibles simply by taking **Blueprint for Wellness®** and **HealthQuotient**. As an advocate for your health and well-being, Wespath wants to help you stay healthy while helping you earn and save money through HealthFlex well-being programs.

According to our records, you have not earned your full incentive dollars or savings on your 2021 deductible.

<Participant Name>

<Y/N> Completion of Blueprint for Wellness

<Y/N> Completion of HealthQuotient

<Total potential PulseCash to earn:>

<\$100>

<Total potential higher deductible in 2021:>

<\$250> <\$500>

Don't miss out on earning your full incentives. The deadline is September 30.

Blueprint for Wellness

Take Blueprint for Wellness by logging into HealthFlex/WebMD at wespath.org, clicking on "Quest Diagnostics Blueprint for Wellness" and selecting one of the following options:

- **At-home**—Qcard is a simple finger stick test you can complete at home. Just choose the "At-Home Test" option to order the materials.
- **At a Quest lab**—To schedule an appointment at a Quest lab, select "Schedule a Screening." After verifying your information, you can choose when and where to schedule your screening. Quest has implemented additional safety precautions at local labs to help you stay safe.
- **At your doctor****—Choose "Physician Results Form," bring the form to your doctor and follow the directions for submission.

Important: In order to receive your \$100* incentive, you must register with Virgin Pulse. Log into HealthFlex/WebMD and select "Join Virgin Pulse."

HealthQuotient

Take the HealthQuotient by logging into HealthFlex/WebMD at wespath.org and choosing HealthQuotient in your Action Plan or under Health Tools. We recommend completing Blueprint for Wellness first as it will make the HealthQuotient easier to complete as your lab results will be automatically populated. Please allow up to 1 week for your results to populate into the HealthQuotient. The deadline for HQ is September 30, so if you don't have time to wait for your lab results, don't wait!

Sincerely,

Wespath Benefits and Investments

Participation in wellness programs is voluntary.

**The \$100 incentive is in the form of PulseCash. PulseCash is considered taxable income. Consult your tax advisor.*

***Depending on how your physician codes the screenings, you may have to pay a portion of the screening fee.*

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