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TIME IS RUNNING OUT to avoid a higher deductible in 2021.

According to our records, you and/or your spouse are either not eligible for savings on your 2021 deductible for taking HealthQuotient or not on track to earn your \$100* incentive for completing Blueprint for Wellness®.

John Smith

Completion of Blueprint for Wellness: YES

Completion of HealthQuotient: NO

Jane Smith

Completion of Blueprint for Wellness: YES

Completion of HealthQuotient: NO

Click [here](#) to take HealthQuotient now and AVOID paying a HIGHER DEDUCTIBLE in 2021. HealthQuotient must be completed by tomorrow, September 30.

DON'T FORGET: You also STILL have time to earn your full \$100 incentive dollars. Schedule your Blueprint for Wellness screening or order your Qcard at [HealthFlex/WebMD](#) by tomorrow, September 30.

Important: In order to receive your \$100 incentive for taking Blueprint for Wellness, you must be enrolled in Virgin Pulse. Log into [HealthFlex/WebMD](#) and select "Join Virgin Pulse."

Participation in wellness programs is voluntary.

**The \$100 incentive is in the form of PulseCash. PulseCash is considered taxable income. Consult your tax advisor.*

a general agency of The United Methodist Church



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