

<FirstName LastName> <Address 1> <Address 2> <City>, <State> <ZIP>

Dear <FirstName LastName>:

Each year, as HealthFlex participants you and your spouse can each earn a **\$100<sup>1</sup> reward incentive** and save money on health plan deductibles simply by taking **Blueprint for Wellness**<sup>®</sup> and the **Health Check**. As an advocate for your health and well-being, Wespath wants to help you stay healthy while helping you earn and save money through HealthFlex well-being programs. According to our records<sup>2</sup>, you and/or your spouse have not earned the full incentive dollars or savings on your 2022 deductible.<sup>3</sup>

<firstname lastname=""></firstname>	<spouse name=""></spouse>
<y n=""> Completion of Blueprint for Wellness</y>	<y n=""> Completion of Blueprint for Wellness</y>
<y n=""> Completion of Health Check</y>	<y n=""> Completion of Health Check</y>

<Total potential Pulse Cash to earn:> <\$100> <\$200> <Total potential higher deductible in 2022:> <\$500>

Don't miss out on earning your full incentives. The deadline for both the Blueprint for Wellness and the Health Check is August 31.

## **Blueprint for Wellness**

HealthFlex participants can schedule the Blueprint for Wellness<sup>4</sup> by logging in to your Virgin Pulse<sup>®</sup> account at virginpulse.com/login or via the app, selecting the "Benefits" tab on the home page, then searching for Quest Blueprint for Wellness Screening. You can also call 1-855-623-9355 to register. You may choose your preferred method of completing the Blueprint for Wellness.<sup>5</sup>

**Important:** In order to each receive the \$100<sup>1</sup> incentive, you and your spouse must both be registered with Virgin Pulse.

## **Health Check**

Take the Health Check by logging in to your Virgin Pulse account, selecting the "Health" tab and then choosing the Health Check. You do not need to take the Blueprint for Wellness first. Your Blueprint for Wellness results will populate in the Health Check 2-10 days after your screening has been completed. The deadline for both the Blueprint for Wellness and the Health Check is August 31, so don't wait!

Sincerely,

## Wespath Benefits and Investments

Participation in wellness programs is voluntary.

<sup>&</sup>lt;sup>1</sup>The \$100 incentive is in the form of Pulse Cash. Pulse Cash is considered taxable income. Consult your tax advisor.

<sup>&</sup>lt;sup>2</sup>This letter reflects Health Check completion status as of June 24 and Blueprint for Wellness completion status as of June 28.

 $<sup>^3</sup>$ If your spouse is in HealthFlex, he or she also must take the Health Check in order for your household to avoid the higher deductible.

<sup>&</sup>lt;sup>4</sup>*Rewards for participating in a wellness program are available to all HealthFlex participants. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact us at* 

incentiverequest@wespath.org and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.

<sup>&</sup>lt;sup>5</sup>If you complete the screening at your doctor and the screening is not coded as preventive, the test may be subject to co-payments, deductible or coinsurance.