## Dear FIRST NAME LAST NAME,

Thank you for completing the HealthQuotient (HQ) last year as part of the HealthFlex well-being program. We hope you found it to be a valuable tool that not only helped you avoid a higher deductible this year, but also alerted you to your risk of developing certain health conditions.

To avoid a higher deductible in 2022—\$250 extra for individual coverage and \$500 extra for family coverage<sup>1</sup>—you and your covered spouse (if applicable) have until **August 31** to complete the Health Check online survey. The Health Check is our new assessment tool that replaces HealthQuotient (HQ).

The Health Check is quick and easy to complete, and it is confidential. Please follow these two simple steps before **August 31** and make sure your spouse (if applicable) does as well:

## Step 1: Log-in or register for Virgin Pulse®

If you (and your spouse, if applicable) are registered, log in at virginpulse.com/login.

If you (and your spouse, if applicable) are not registered, go to **join.virginpulse.com/wespath** and sign up! You must be enrolled in Virgin Pulse to complete the Health Check.

## **Step 2: Complete the Health Check**

After you are logged into the Virgin Pulse website or app, select the "Health" tab and then choose "Health Check."

If you (and your spouse, if applicable) completed the Health Check after **August 5, 2021**, please disregard this letter and no further action is needed.

Sincerely,

The Wespath Health and Well-Being Team

<sup>&</sup>lt;sup>1</sup> Households with family coverage in the H3000 plan in 2022 who do not complete Health Check in 2021 will have their deductible and individual out-of-pocket maximum increased by \$500 so the deductible does not exceed the individual out-of-pocket max.