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Dear {{Employee Name}}:

Each year, as HealthFlex participants you and your spouse can save money on your deductible¹ and each earn a **\$100² reward incentive** simply by taking the **Health Check** and **Blueprint for Wellness[®]**.

As of August 12, our records indicate you and/or your spouse have not earned the savings on your 2022 deductible or your full incentive dollars.

{{Employee Name}}

Completion of Health Check: NO

Completion of Blueprint for Wellness: NO

{{Spouse Name}}

Completion of Health Check: NO

Completion of Blueprint for Wellness: NO

Total potential higher deductible in 2022: \$500

Total potential Pulse Cash to earn: \$200

Important: The deadline for both the Health Check and the Blueprint for Wellness is **August 31**.

Health Check

Take the Health Check by logging in to your Virgin Pulse[®] account at virginpulse.com/login or via the app, selecting the "Health" tab and then choosing the Health Check.

Both you and your spouse must take the Health Check to avoid the higher deductible.

Take the Health Check

Blueprint for Wellness

Schedule the Blueprint for Wellness³ by logging in to your Virgin Pulse account at virginpulse.com/login or via the app, selecting the "Benefits" tab and then searching for Quest Blueprint for Wellness Screening. You can also call 1-855-623-9355 to register. You may choose your preferred method of completing the Blueprint for Wellness.⁴

Take the Blueprint for Wellness

In order to receive your \$100 incentive for completing the Blueprint for Wellness, you must register with Virgin Pulse.

Not registered for Virgin Pulse? [Click here to sign up.](#)

If you and your spouse completed the Health Check after August 12 and the Blueprint for Wellness after August 16, please disregard this e-mail and no further action is needed.

As an advocate for your health and well-being, Wespath wants to help you stay healthy while helping you earn and save money through HealthFlex well-being programs. The deadline for both the Blueprint for Wellness and the Health Check is **August 31**, so don't wait!

Sincerely,

Wespath Benefits and Investments

Participation in wellness programs is voluntary.

¹Households with family coverage in the H3000 plan in 2022 who do not complete Health Check in 2021 will have their deductible and individual out-of-pocket maximum increased by \$500 so the deductible does not exceed the individual out-of-pocket max.

²The \$100 incentive is in the form of Pulse Cash. Pulse Cash is considered taxable income. Consult your tax advisor.

³Rewards for participating in a wellness program are available to all HealthFlex participants. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact us at incentiverequest@wspath.org and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.

⁴If the screening is not coded as preventive, the test may be subject to co-payments, deductible or co-insurance.

a general agency of The United Methodist Church



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To contact Wspath Benefits and Investments, [click here](#).