

Don't forget to earn \$150 in Pulse Cash by 12/31

Virgin Pulse <virginpulse@mail.virginpulse.com>

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To: Daniel Rollins <Daniel.Rollins@virginpulse.com>

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Forget something?

Don't wait: Earn 150 Wellness Credits and \$150 in Pulse Cash by December 31.

Time is running out, but it's not too late to earn 150 Wellness Credits and \$150 in Pulse Cash. Here are just a few ways to earn:

- Complete a Virgin Pulse [coaching call](#)
- Meet with an EY financial planner
- Access the [Employee Assistance Program](#)
- Adopt a new spiritual habit

Sign in to your Virgin Pulse account and select **Rewards** in the app or **My Rewards** on the website to access a complete list of activities that earn credits. You have until December 31 to earn Wellness Credits.

[How to Earn](#)

Take action by December 31.



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