



HealthFlex Health Benefits



Wespath

BENEFITS | INVESTMENTS

Plan Sponsor Conference Calls

April 2022

Agenda

- Well-Being updates
- Omada Diabetes Management
- First Aid for Mental Health Update
- Update-Plan Sponsor Service Improvements
- 2023 Adoption Agreement Process

Well-Being Update: Blueprint for Wellness

- Complete Blueprint for Wellness by 8/31
- Incentive: \$100 Pulse Cash participant and spouse in HealthFlex
- Register through Virgin Pulse: navigate to Benefits
- Multiple options:
 - On-site events
 - Patient Service Center
 - Physician form
 - At-home Test Kit (all except NY residents)
- MyGuide to Health Report – 3 weeks



Well-Being Update: Blueprint for Wellness Resources

- Many communications located on the Extranet
 - <https://extranet.wespath.org/>
 - Username: extranet
 - Password: gbop!123
- Click on HealthFlex and Virgin Pulse Tools and Resources
 - Scroll down to BFW resources



Well-Being Update: Blueprint for Wellness Resources

- On-site event e-mail (customizable):
[CR# 4371](#)
- No On-site event email - [CR# 4370](#)
- No On-site event e-mail –
New York residents: [CR# 4370B](#)
- On-site event e-mail –
non-HealthFlex retirees (customizable):
[CR# 4511](#)



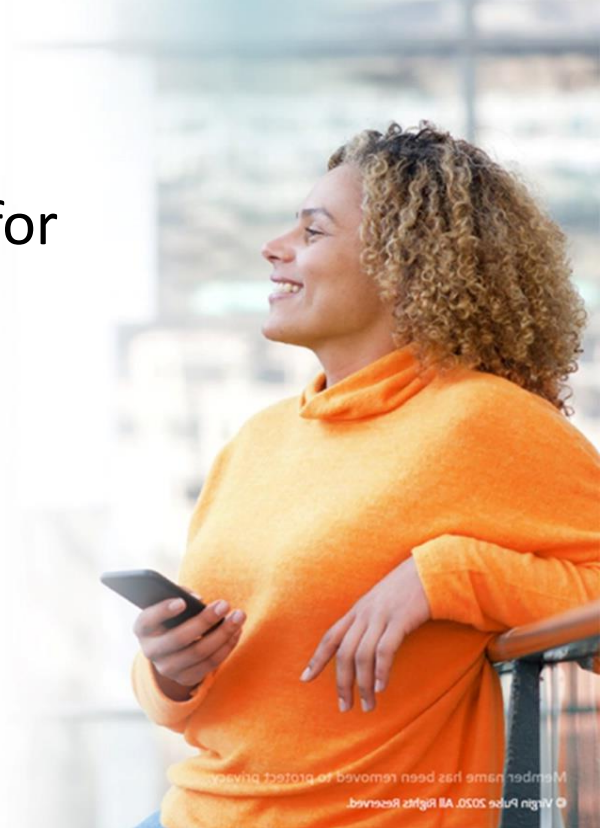
Well-Being Update: Blueprint for Wellness Resources

- Social media post: available by request
- Day-of-event follow-up handout (Virgin Pulse and Health Check reminder): [CR# 4205](#)
- Other pieces authored by plan sponsors, if desired



Well-Being Update: Health Check

- Complete Health Check (HC) by 8/31
- Complete to avoid higher 2023 deductible for following year
 - Participant and spouse must complete to avoid higher deductible
 - \$250 for individual only and \$500 for family
- Access through Virgin Pulse app or log into Virgin Pulse



Well-Being Update: Health Check Resources

- Several communications located on the Extranet
- Click on HealthFlex and Virgin Pulse Tools and Resources
 - Scroll down to Health Check
 - 4256 – Take Health Check Now
 - 4260 – Take Health Check Now – Alternative email



Well-Being Update: Wellness Credits

- Earn 150 points by 12/31 to receive \$150 in Pulse Cash
- Many ways to earn Wellness Credits
 - Chronic Disease Prevention (Omada)
 - New Diabetes Management
 - Health Coaching
 - BFW results improved or in healthy range
 - Many self report opportunities for EAP and more



Well-being Update: Additional Resources

- Video resources on the Extranet
 - How to complete Health Check
 - How to begin Health Coaching
 - How to use the VP mobile app to access Well-Being programs
 - How to set up a challenge
- Well-Being Program How-To Videos
 - Visit <https://linktr.ee/Wespath4>
 - Scan the QR Code





Questions?

New: Diabetes Management Program

- Available for Type 1 or Type 2 diabetes
- Online program with Omada Health
- Coaching from Certified Diabetes Care and Education Specialist (CDCES)
- Diabetes focused lessons
- Support group of other participants
- Help with medication management



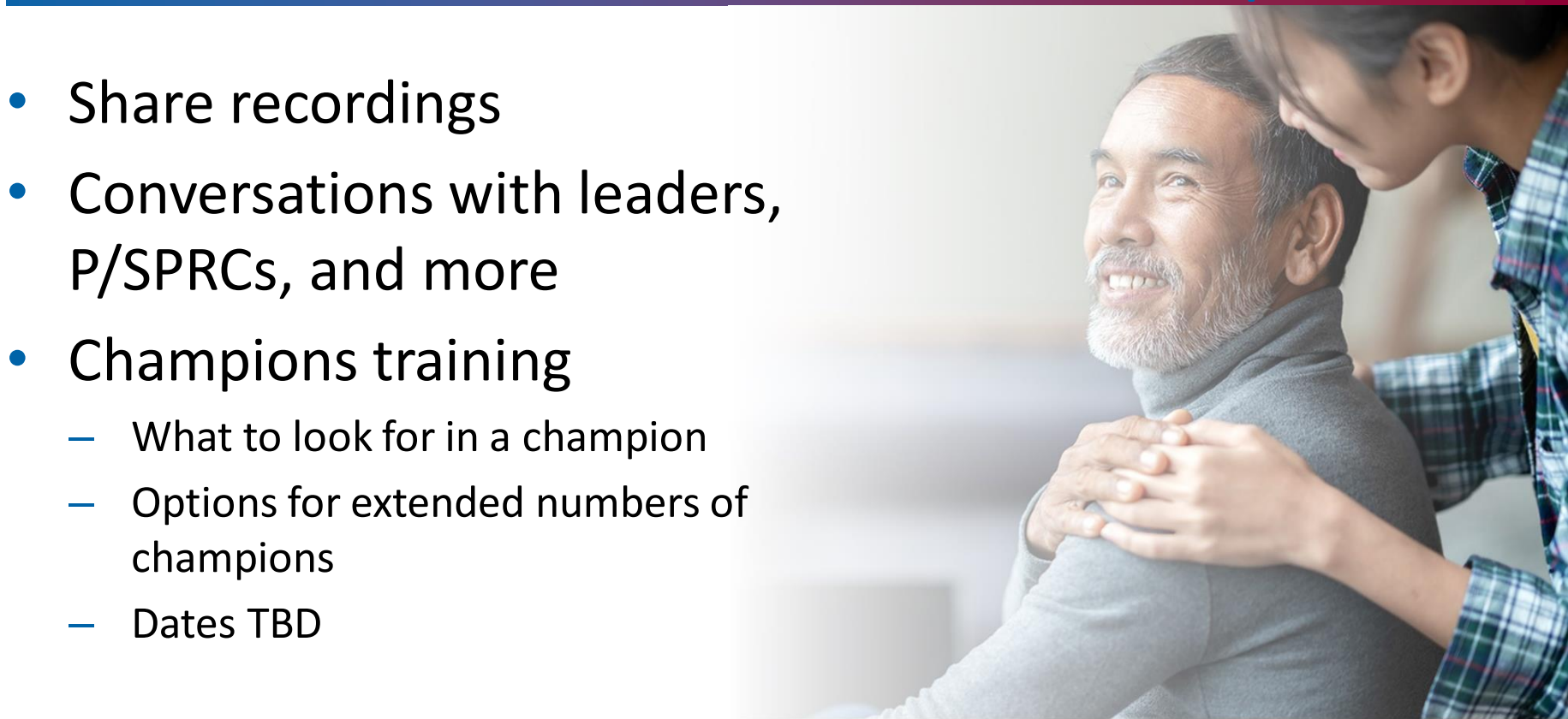
New: Diabetes Management Program

- Connected devices:
 - Wireless scale (if weight loss is indicated)
 - Connected glucometer with test strips
- Continuous glucose monitor
 - if not already using one - Freestyle Libre
 - worn for 2 weeks at beginning to learn how foods and activity affect blood sugar
 - again at 6 months
- Online screener and application at omadahealth.com/wespath



First Aid for Mental Health—Next Steps

- Share recordings
- Conversations with leaders, P/SPRCs, and more
- Champions training
 - What to look for in a champion
 - Options for extended numbers of champions
 - Dates TBD





Questions?

Plan Sponsor Service Improvements

- Age 26 Reporting – Update
 - Job Aid completed
 - Will send out with call materials
 - Non-standard/Custom report

What:

Identify dependents who are approaching Age 26 and will become ineligible for HealthFlex benefits.

When:

Available as needed



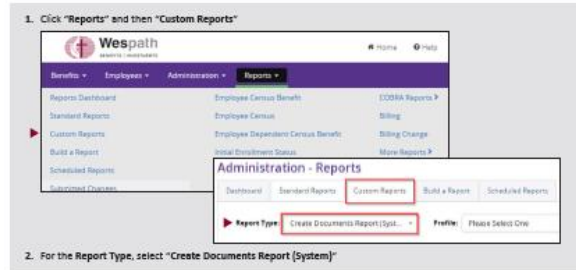
What:
Identify dependents who are approaching Age 26 and will become ineligible for HealthFlex benefits.

When:
Available as needed

Log into BenefitSolver:

1. Portal: <https://portal.wespath.org>
2. Login
3. BenefitSolver

BenefitSolver



1 of 2

a general agency of The United Methodist Church

Plan Sponsor Service Improvements

HEALTHFLEX JOB AID—IDENTIFYING DEPENDENTS APPROACHING AGE 26

3. Enter date range (the From Date is the first of the current month and the To Date is today's date)

4. Click "Generate Report"

Retrieve Report

1. Click "Reports" and "Reports Dashboard"

2. Click on "Create Documents Report"

Report will download as an Excel file

3. Click to open report

4. Highlight Row 3 and click "Sort & Filter" on the Home tab in Excel and then click on "Filter" in the dropdown menu.

Filter Column C to show only "GBOP Max Age Letter"

This will show the participant who was sent the Age 26 letter in the specified period and who has a dependent who will lose coverage 30 days from the date of the letter.

SAMPLE:

Notes: This will include changes made by participants as well as administrative users (plan sponsor, Wespath, or Businessolver). It will also include system generated changes. Please contact the Wespath Health Team at 1-800-853-2203 if you have questions about this report.

GROUPSTRUCTURE

CT_TITLE

Sort A to Z

Sort Z to A

Sort by Color

Sheet View

Clear Filter From "CT_TITLE"

Filter by Color

Text Filters

Search

☐ GBOP Continuation Notice

☐ GBOP Healthflex Election Inform.

☐ GBOP HFE Benefit Confirm

☐ GBOP HFE Benefit Confirmation

☒ GBOP Max Age Letter

☐ HRA Opt Out Letter - Loss of Cov

☐ HRA Opt Out Letter Transfers

☐ MyChoice Mobile Terms of Use S

1. Custom Reports
2. Create Documents Report
3. Enter Date Range
4. Generate Report
5. Retrieve Report
6. Filter by GBOP Max Age Letter

	A	B	C	D	E	F	G	H	I
1	Today's Date: 03/28/2022								
2									
3	Social Security Numbe	GROUPSTRUCTURE	CT_TITLE	ME_CREATE_DATE	ME_PRINT_DATE	FNAME	MNAME	LNAME	EDITOR
28	xxx-xx-xxxx	123456 Sample :: Mandatory :: Clergy :: Active	GBOP Max Age Letter	48:13.0	45:20.0	JOHN		JOHNSON	SYS ADMIN - BSC
30	xxx-xx-xxxx	123456 Sample :: Mandatory :: Clergy :: Active	GBOP Max Age Letter	48:14.0	45:20.0	FRED		FREDRICKSON	SYS ADMIN - BSC
14	xxx-xx-xxxx	123456 Sample :: Mandatory :: Clergy :: Active	GBOP Max Age Letter	48:13.0	45:20.0	JUDY		JONES	SYS ADMIN - BSC
55	xxx-xx-xxxx	123456 Sample :: Mandatory :: Clergy :: Active	GBOP Max Age Letter	48:29.0	45:20.0	MELISSA		MAYS	SYS ADMIN - BSC
80	xxx-xx-xxxx	123455 Sample :: Optional :: ALL :: Active	GBOP Max Age Letter	48:29.0	45:20.0	WILLIAM		WILLIAMSON	SYS ADMIN - BSC
90									

Plan Sponsor Service Improvements (Q2)

- Invoice Schedule – Update
 - Deep dive review
 - Identify efficiency improvements
 - Goal to deliver sooner in the month



Plan Sponsor Service Improvements (Q2)

- Invoice Timing Review
 - 1st of the month FSA/HSA elections entered through the 4th
 - 5th day of the month billing data loads
 - 5 Business days for billing audit and adjustments
 - 4-5 business days for final review and approval
 - Invoices sent out 17th-21st of the month



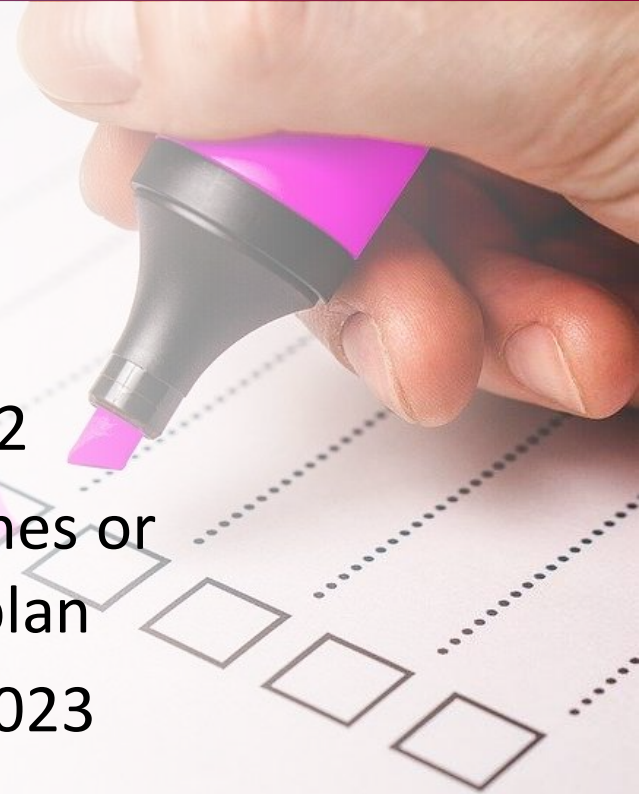
Plan Sponsor Service Improvements (Q2)

- **Sub-Adoption Agreement Job Aid**
 - Responsibilities and timing
 - Deliver in late May/early June for appointment change season



Adoption Agreement Process

- Wespath delivers pre-filled 6/1/22
 - **Exhibit A** select who you want to cover
 - **Exhibit B** plan defaults and premium credit
- Completed Agreements are due 6/30/22
- Sub adoption Agreements—local churches or other salary paying units can offer the plan
- Separate Via Benefits Agreements for 2023



Premium Credit Modeling

- Determine how to absorb increase
- See impact on participants, plan sponsor, & churches
- Contact Nicole (nvalentino@wespath.org)

Current premium credit	2019 premium credit	Participant share of default plan	Proposed Premium Credit	Annual Premium Credit	Composite
		Participant Share			
Employee Only	\$625	\$180	\$ 650.00	\$7,800.00	\$ 936,000.00
Employee and One Dependent	\$1,192	\$340	\$ 1,200.00	\$14,400.00	\$ 1,468,800.00
Family	\$1,508	\$400	\$ 1,700.00	\$20,400.00	\$ 2,162,400.00
					\$ 4,567,200.00
					\$ 13,924.39

Plan / Tier	Projected Enrollment	2020 Rates	Participant share	Conference Share	Annual premium credit
B1000 w/ P1					
Employee Only	50	\$850.00	\$200.00	\$ 650.00	\$7,800.00
Employee and One Dependent	30	\$1,600.00	\$400.00	\$ 1,200.00	\$14,400.00
Family	15	\$2,300.00	\$600.00	\$ 1,700.00	\$20,400.00
CDHP/C2000 w/ P2					
Employee Only	35	\$840.00	\$190.00	\$ 650.00	\$7,800.00
Employee and One Dependent	40	\$1,590.00	\$390.00	\$ 1,200.00	\$14,400.00
Family	40	\$2,100.00	\$400.00	\$ 1,700.00	\$20,400.00
C3000 w/ P2					
Employee Only	7	\$710.00	\$60.00	\$ 650.00	\$7,800.00
Employee and One Dependent	9	\$1,350.00	\$150.00	\$ 1,200.00	\$14,400.00
Family	6	\$1,850.00	\$150.00	\$ 1,700.00	\$20,400.00
H1500 w/ P3					
Employee Only	6	\$800.00	\$150.00	\$ 650.00	\$7,800.00
Employee and One Dependent	9	\$1,550.00	\$350.00	\$ 1,200.00	\$14,400.00
Family	13	\$2,100.00	\$400.00	\$ 1,700.00	\$20,400.00
H2000 w/ P4					
Employee Only	3	\$750.00	\$100.00	\$ 650.00	\$7,800.00
Employee and One Dependent	7	\$1,400.00	\$200.00	\$ 1,200.00	\$14,400.00
Family	9	\$1,900.00	\$200.00	\$ 1,700.00	\$20,400.00
H3000 w/ P5					
Employee Only	19	\$650.00	\$0.00	\$ 650.00	\$7,800.00
Employee and One Dependent	7	\$1,200.00	\$0.00	\$ 1,200.00	\$14,400.00
Family	23	\$1,700.00	\$0.00	\$ 1,700.00	\$20,400.00

HealthFlex User Group

- Looking forward to kicking off in May/June
- 4 volunteers;
up to 2 spots remaining
- Reach out to CRM if you are interested



Via Benefits Plan Sponsor Policy

- Important for Plan Sponsors to have their own policy
- Address eligibility, vesting, disaffiliations
- Considerations for closing or terminating the HRA plan
- Policy template forthcoming





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