HealthFlex: Train the Trainer



Wespath

BENEFITS | INVESTMENTS

Agenda

- Welcome to HealthFlex!
- Plan Options—Medical, Dental, Vision
- Premium Credit
- Health Accounts—HRA, HSA, FSA
- Decision Support
- Making Your HealthFlex Elections
- Administration and Reporting



Terms & Acronyms You Need to Know

Coverage and Payment Terms

Term	Definition
Co-insurance	Percentage of health care expense paid by individual and/or HealthFlex plan
Co-payment	Flat dollar amount individual pays toward health care expense
Explanation of Benefits (EOB)	A document that explains how your insurance processed the claim for services you received
Formulary	The list of prescription drugs (medications and alternatives) covered by HealthFlex
Deductible	Amount the individual pays in full before plan co-insurance begins (does not include co-payments)
Out-of-Pocket Max (OOP)	Maximum amount the individual pays for covered medical, pharmacy and behavioral health expenses
Premium Credit	Amount your plan sponsor gives you toward your HealthFlex premiums
Premium	Your monthly (or annual) health plan payment to enroll in a plan

Terms & Acronyms You Need to Know

Plan Types

Term	Definition
НМО	Health Maintenance Organization
РРО	Preferred Provider Organization

Health Savings and Reimbursement Accounts

Term	Definition
FSA	Flexible Spending Account; there are two types—health care and dependent care
HRA	Health Reimbursement Account
HSA	Health Savings Account

Welcome to HealthFlex!

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HealthFlex Overview

HealthFlex Offers High-Quality Partners

Top Health Plan Partners

- Quantum Health
- OptumRx
- VSP (vision)
- Cigna (dental)
- MDLIVE (telemedicine)
- Health Equity (accounts)

Broad Network Access

- All plans have the same broad, nationwide Blue Cross Blue Shield PPO network
- All plans have same OptumRx premium formulary and retail pharmacy network

Bonus Benefits Included in <u>All</u> HealthFlex Plans

Well-Being Programs and Incentives

- Activity tracking, biometric screening, health coaching, diabetes prevention, emotional health support, and more
- Earn up to \$410 for activity, screening and wellness credits
- Avoid a higher deductible* (\$250/\$500) by completing the Health Check questionnaire

Care Coordinators Make Health Care Easier

- Team of nurses, benefits experts, and claims specialists to help support you by:
 - Providing answers to claims, billing and benefit questions
 - Helping to find in-network providers
 - Assisting with coverage verification and approvals
 - Reviewing care options and treatment coordination

* Households with family coverage in the H5000 who do not complete Health Check will have their deductible and individual out-of-pocket maximum increased the following year so the deductible does not exceed the individual out-of-pocket max.

HealthFlex Provides Options Tailored to You



Plan Options— Medical, Dental, Vision

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HealthFlex Plan Options

2024 HealthFlex Benefit Options



2024 Plan Changes

We have designed the new HealthFlex HSA plans to align with the needs of participants on the current plans:



All HealthFlex Plans—How They Work

You pay all	You pay part/plan pays part	Plan pays all of covered expenses
Deductible	Co-insurance	No cost-share
You can use your health account \$ Non-covered expenses and dental/vision expenses do not apply to the deductible and OOP max		Out of Pocket (OOP) max \$5,000 for an individual \$10,000 for a family Same for ALL plans

Benefits Included With Every Plan

	HSA Plans	HRA Plans	B1000
See the doctor or provider of your choice, without a referral	\checkmark	\checkmark	\checkmark
Full access to the nationwide Blue Cross Blue Shield PPO network	\checkmark	\checkmark	\checkmark
Access to all OptumRx premium formulary medications	\checkmark	\checkmark	\checkmark
Care Coordinators to make your health care journey easier	\checkmark	\checkmark	\checkmark
Coverage for the same medical services and prescription drugs	\checkmark	\checkmark	\checkmark
Comprehensive well-being programs and incentives	\checkmark	\checkmark	\checkmark
\$0 cost for MDLIVE medical care and behavioral health virtual visits through at least 2024	\checkmark	\checkmark	\checkmark

How HealthFlex Plans Differ

	HSA Plans	HRA Plans	B1000
Doctor, Urgent Care and ER Visits	Co-insurance after deductible is met* Fixed co-payment		
Medications	Co-payment or co-insurance <u>after</u> deductible is met*	Co-payment or co-insurance (does not apply to deductible)	
Behavioral Health Office Visits	Co-insurance <u>after</u> deductible is met*	Co-insurance only (does not apply to deductible)	Fixed co-payment (does not apply to deductible)
Health Accounts Permitted	HSA Limited use FSA	HRA, FSA	FSA

* Does not apply to H5000, where OOP maximum = deductible

Plan Comparisons

HealthFlex Plan Comparison brochure

For detailed comparisons of cost coverage by plan





www.wespath.org/assets/1/7/5258A.pdf

Comparing Plans

- Higher monthly premium does not make a plan "better"
- You receive the same quality/services on all plans
- Over 90% of people would save money in an HSA plan
- Want to save money in 2024?
 - Consider how much you pay each month in premiums for each plan when looking at your total out-of-pocket cost
 - Look at past medical services (your Explanation of Benefits) to plan for the upcoming year
 - Use tools like ALEX to estimate future expenses and get a recommendation for health account contributions
 - Contribute what you saved in premium to your HSA or FSA

HSA Plans: Understanding Deductibles for C2000 and H2500

HRA Plan Example (C2000)	HSA Plan Example (H2000)	
Cover 1 person:	Cover 1 person:	
You pay \$2,000, then plan pays 80%	You pay \$2,000, then plan pays 80%	
 Cover 2+: 1 person has expenses—	 Cover 2+: family deductible always applies 1 person has expenses—	
you pay \$2,000, then plan pays 80%	you pay \$4,000, then plan pays 80%	
 2 or more people have expenses—	 2 or more people have expenses—	
each pays up to \$2,000 (up to \$4,000 for	family pays \$4,000 combined, then plan	
the family), then plan pays 80%	pays 80%	

Remember:

- Out of pocket max always applies (\$5,000 individual, \$10,000 family)
- HSA contributions help offset the higher deductible
- Most families have several people contributing toward the deductible (and prescriptions count, too!)

HSA Plans: Understanding Deductibles for C3000 and H5000

HRA Plan Example (C3000)	HSA Plan Example (H5000)
Cover 1 person:	Cover 1 person:
You pay \$3,000, then plan pays 50%	You pay \$5,000, then plan pays 100%
 Cover 2+: 1 person has expenses—	 Cover 2+: deductible = maximum out of pocket 1 person has expenses—
you pay \$3,000, then plan pays 50%	you pay \$5,000, then plan pays 100%
 2 or more people have expenses—	 2 or more people have expenses—
each pays up to \$3,000 (up to \$6,000 for the	you pay no more than \$5,000 per person or
family), then plan pays 50%	\$10,000 for family, then plan pays 100%

Remember:

- Out of pocket max always applies (\$5,000 individual, \$10,000 family)
- HSA contributions help offset the higher deductible

HSA Plans: Helping You Save Money on Medicine

Preventive Drugs

- Not all drugs are subject to the deductible in HSA plans
- Co-payment and co-insurance apply before the deductible for specific preventive drugs in several common categories (ex. diabetes, cardiovascular)
- Find the current list at <u>welcome.optumrx.com/wespath</u>

Drug Rebates

- HealthFlex gives you credit for manufacturer rebates
- Rebates reduce the price you pay at the pharmacy



Categories of Prescription Drugs

• Generic:

 Medication that uses the same active ingredients as a brand-name version, taken the same way, and offering the same effect but typically cost less

• Preferred Brand:

 Commonly used brand name medications that will provide the most savings; may not be available in generic form

• Non-Preferred Brand:

 These are higher cost brand name medications that usually have a generic or preferred brand alternative available



Generic, Non-Preventive Medication Comparison

Full price of medication (discounted by OptumRx):

30-day supply: \$110

90-day supply: \$330



Generic, Preventive Medication Comparison

Full price of medication (discounted by OptumRx):

30-day supply: \$110

90-day supply: \$330



Preventive Drug List can be found: Welcome.optumrx.com/wespath

Preferred Brand, Non-Preventive Medication Comparison

Full price of medication (discounted by OptumRx):

30-day supply: \$267

90-day supply: \$726



Preferred Brand, Preventive Medication Comparison

Full price of medication (discounted by OptumRx):

30-day supply: \$267

90-day supply: \$726



30% co-insurance is more than the maximum, so maximum applies

Preventive Drug List can be found: Welcome.optumrx.com/wespath

Non-Preferred Brand, Non-Preventive Medication Comparison

Full price of medication (discounted by OptumRx):

30-day supply: \$1,648

90-day supply: \$4,944



Non-Preferred Brand, Preventive Medication Comparison

Full price of medication (discounted by OptumRx):

30-day supply: \$1,648

90-day supply: \$4,944



40% co-insurance is more than the maximum, so maximum applies

Preventive Drug List can be found: Welcome.optumrx.com/wespath

Questions?



Understanding Dental Plan Options

	Passive PPO	РРО	DHMO*
Network	Broader Cigna PPO Advantage		Narrower Cigna Dental Care Access Plus
Deductible	\$50 per person (does not apply to cleanings/x-rays)		None
In-Network Benefits	80% coinsurance \$2,000 max benefit	90% coinsurance \$2,000 max benefit	Follows charge schedule
Out-of-Network Benefits	80% coinsurance \$2,000 max benefit	70% coinsurance \$1,000 max benefit	None
ID Card	Print your Own		Separate ID mailed to each family member
Primary Care Dentist	Not Required		Choose or one will be assigned (on ID card)

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*The DHMO will only be an option if the participant has a network dentist within a reasonable distance.

Is Your Dentist In-Network?



Plan Comparisons

HealthFlex Plan Comparison brochure

For detailed comparisons of cost coverage by plan





www.wespath.org/assets/1/7/5258A.pdf

Understanding Vision Plan Options

	Exam Core	Full Service	Premier	
Exam covered	Yes. \$20 co-pay + additional for retinal photos and diabetes eye care			
Provider Network	To find an in-network vision provider: vsp.com			
Out of Network Benefits	None	Yes, but reduced		
Glasses and Contacts Covered?	Discount only	\$160 toward glasses OR contacts	\$200 toward glasses and contacts OR 2 pairs of glasses	
Glasses—lens enhancements	None	Progressive lenses covered	Progressive lenses and UV protection covered; \$25 co-pay for anti- reflective coating	

How Do I Use My Vision Benefit?

No ID Card

Print out benefits online or have your VSP provider look you up

Plan Comparisons

HealthFlex Plan Comparison brochure

For detailed comparisons of cost coverage by plan





www.wespath.org/assets/1/7/5258A.pdf

Questions?


Premium Credit

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HealthFlex Premium Credit

Paying for HealthFlex

- Premiums vary by plan
- Premium credit is determined by plan sponsor
- Premium credit can vary by how many people in the household are enrolled
- Premium credit does not apply to personal health account contributions
- Participant pays anything in excess of the premium credit and personal contributions
- Excess premium credit is automatically deposited on a monthly basis into an HRA or HSA



Paying for HealthFlex: An Example



Paying for HealthFlex: An Example



Premium Credit: \$1,650

Total Premium (medical + dental + vision): \$1,500 + \$0 + \$0 = \$1,500

Participant's Portion (premium that exceeds credit + personal contribution): \$0 + \$300

> Excess Premium Credit (deposited into HSA): \$150

Health Accounts: HSA, HRA, FSA

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HealthFlex Health Accounts:

<u>HSA, HRA, FSA</u>

Most Plans Include Account Funding

Tax-advantaged accounts help you decrease how much money you spend on health care

	HSA Plans		HRA Plans			
	New H2000	H2500	H5000	C2000	C3000	B1000
Employer Contributions (included)	\$1,000 for 1 person \$2,000 for > 1 person	\$250 for 1 person \$500 for > 1 person	No employer contribution	\$1,000 for 1 person \$2,000 for >1 person	\$250 for 1 person \$500 for >1 person	No employer contribution

	HSA	Health Care FSA (all plans)
Personal Contributions (you choose)	You can also save on your own out to a health savings or flexible spe	,

Benefits of a Health Savings Account*

- Tax savings—pay medical expenses with pre-tax money
- Accumulate funds—have money for health care when you need it
- Save for future expenses, especially health and retirement
- Employer contributions available in full January 1
- Savings—comparisons of actual participant expenses show at least 90% of HealthFlex participants would pay the lowest amount in an HSA plan

*Not all participants are eligible to contribute to an HSA; HSA plans can be complicated for those approaching Medicare enrollment or covered by a second plan





Comparing Health Accounts

	HSA	HRA	FSA
Annual IRS Limits	Self-only: \$4,150 Family: \$8,300 Individuals >55: Extra \$1,000	None, limited to what plan or employer contributes	\$300-\$2,850*
Eligible Dependents	All dependents claimed on your tax return	Dependents covered by HealthFlex	Tax dependents under 27 at the end of the tax year
Rollover	No limit	No limit	\$610 to next plan year*
Portability	lt's yours—no matter what	If you terminate or waive HealthFlex—90 days to spend; Keep if you retire from HealthFlex sponsor	If you terminate or waive HealthFlex, you can only use on claims as of your last day in HealthFlex
Interest/Dividends	Possible, depending on investment choices	No	No
Other	Must accept terms/conditions to open account; ID confirmation may be required	May forfeit* if balance <\$100 * With notification	Special rules if you have HSA contributions; 100% of personal funds available Jan 1

*The IRS has not announced FSA contribution or rollover limits for 2024

Which Accounts Can I Have? It Depends on the Plan You Choose!

- HRA may be better if you are:
 - Approaching Medicare eligibility within the year
 - Enrolled in Medicare Part A or receiving Social Security
 - Facing high prescription costs, but not medical costs to help meet deductible
- HSA may be better if you are:
 - Enrolled in family coverage (higher HSA contribution limit)
 - Facing a combination of medical and pharmacy expenses for all members of the family (help meet family deductible)
 - Planning to save for future expenses

Unique HSA Circumstances

- Approaching Medicare Eligibility
- Considering an FSA with HSA

More Information Available Online





Health Account Options



Purple Health Savings Account Card

WHICH ACCOUNT?





WHEN TO USE?

You only have an HSA	You have an HSA and an FSA/HRA
Il eligible expenses: Medical Pharmacy	Purple = medical, pharmacy, behavioral health expenses Teal = dental and vision (FSA/HRA)
Behavioral healthDentalVision	Once you have \$1,600 (single coverage) or \$3,200 (2+ covered) in expenses*: Use Teal for all expenses SAVE your HSA until you have exhausted your FSA and/or HRA

* Must provide documentation of expenses to HealthEquity

Teal Health Care Card

WHICH ACCOUNT?

FSA

HRA

4000 1234 5678 9010 vaid Thru 12/30 De

HealthEquity

Debit

VISA

WHEN TO USE?

You only have an FSA and/or HRA	You have an FSA/HRA and an HSA
All eligible expenses:	Purple = medical, pharmacy, behavioral
Medical	health expenses
Pharmacy	Teal = dental and vision (FSA/HRA)
Behavioral health	Once you have \$1,600 (single coverage)
• Dental	or \$3,200 (2+ covered) in expenses*:
Vision	Use Teal for all expenses
If you have FSA and HRA, <u>FSA always pays first</u>	SAVE your HSA until you have exhausted your FSA and/or HRA

* Must provide documentation of expenses to HealthEquity

HealthFlex

Healthcare card

JOHN R. SMITH

Dependent Care Flexible Spending Account

Dependent care FSA is available with all plans

	Dependent Care
Rollover	None
Portability	If you terminate or waive HealthFlex, you can only use on claims as of your last day in HealthFlex
Eligible Expenses	Care for child <13 or adult dependents
Annual Limits	\$300-\$5,000
Other	Monthly share of election available on 5 th of each month

NO DEBIT CARD: submit reimbursement requests online or via app





Decision Support

Key Resources for Your Decision





ALEX Benefits Counselor

- Available for Annual Election
- Explains confusing benefit concepts using simple language
- Approximately 30 minutes to complete
- Personalized recommendation for plan choices and health account contributions
- Lively graphics, animation and humor

ALEX Knows Your Premium Credit



Select your employment category for accurate premium credit information:

Which of these best describes your working arrangement?



ALEX Recommends a Plan

- ALEX "crunches" the numbers: premium, credit and estimated out-of-pocket costs
- Compares side-by-side and recommends a plan for you
- ALEX identifies "worst case scenario" when...





ALEX Explains Tax Savings

ALEX explains the tax benefits of contributing to a health account and helps you pick the right amount to contribute

Wespath's contribution: \$1,	500	
Total: \$8,000		
Vision: \$500		
Dental: \$1,000		
Medical: \$6,500		

Adjusted total expenses: \$6,500

If you set money aside in a health savings account, you'll save on federal taxes.



Health Accounts: How Tax Savings Works

If you make \$40,000 and pay 20% in federal income tax:





CONTRIBUTE \$2,000 to an HSA or FSA: **PAY 20% TAX** on \$38,000 = **\$7,600** NO health account contribution: PAY 20% TAX on \$40,000 = \$8,000

If your tax bracket is 20%*, you take home \$400 more per \$2,000 contributed

* Tax bracket based on Denominational Average Compensation (DAC) is 22%. Actual tax savings will vary based on several factors, including, e.g., total income, deductions, and family circumstances.

OptumRx Drug Pricing Tool

- Helpful if considering HSA plans
- Receive pricing estimates under each of the plan designs (considers preventive drug list)
- Inform your decision about choosing an HSA plan or how much to set aside in your health account
 - Access from Benefits Access or the AE site



https://welcome.optumrx.com/wespath/pricing-and-coverage-tool

Considering a Higher Deductible plan?

Remember, before you even meet the deductible, the plan offers benefits, including:

Well-person checkups covered 100%

\$0 cost virtual visits through MDLIVE

Discounted services and medications

Rx rebates applied at point of sale

Preventive drugs bypass deductible*

^{*} Most medications are subject to deductible in HSA plans, but the plan pays for a portion of preventive medications before the deductible is met



BenefitsAccess.org

- Centralized place to access AE information
- Plan comparisons
- Information about health accounts
- Helpful videos
- Links to ALEX and making elections



www.benefitsaccess.org



BenefitsAccess.org

• New: AE specific information in Benefits Access



www.benefitsaccess.org

	Wespath Benefits	Access		Pending Actions	Wes Pathrick 3	Log Out
	Summary	Retirement	Health	Well-Being	Life & Disability	y
		nual Election Is (n options before Annual E		HEATSTEX ANNUAL EL		
Retirement Account Balance \$204,013		Data as of 4 x 2024 — What's New? Ind services are coming to Health rn More	Flex Nav		Dem as of 4/23/2023 Ofi Annual	Life & Disability Data as You Are Protected ✓ You are currently enrolled in the Comprehensive Protection Plan (CP
Accrued Monthly Benefi \$11,325	Wespath Benefits A	ccess		Pending Action	18 <u>Wes Pathrick</u>	A peace of mind for you and financia ur family. The plan, wh hd funded by plan spor includes death benefit billty income replacerr
	Summary	Retirement	Health	Well-Being	Life & Disabil	ity
	Reinbursament Accounts	Learn Wi An d Choice	hat's New for nual Election (3 minute video)	2024		

No Access to BA?

Visit the Annual Election webpage for basic information about plan options, helpful tools and resources, and more



Questions?





Making Your HealthFlex Elections

Log into Benefits Access for:

- HealthFlex Plan overview
- ALEX Benefits Counselor
- Annual Election portal
- More plan details

BenefitsAccess.org Register and log in today!



Making Your HealthFlex Elections

	ts Access	Pending	Actions Wes Pathrick \varTheta	Log Out
Summary	Retirement H	Health Well-Beir	g Life & Disabilit	у
Reimbursement Accounts	Medical & Prescriptions	🌹 Dental 💿 Vision	Manage Health Benefits	
	024 HealthFlex Bene In through November 16.	fits Now		
Health Details			🖶 Print Su	
555 Health & Reim	bursement Accounts 🗸	💼 Medical & Beha	Data as of vioral Health 🗸	////23/2020
Accounts to help you set as to pay for your health and fi	side funds with tax advantages amily care costs.	Insurance Company Blue Cross and Blue Shield	Coinsurance (In Network) Plan pays 80%	
	Å0 500 00	Plan BCBS CDHP C3000	Deductible (In Network) Individual / Family \$3,500 / \$12,00	
HSA Annual Contr				

Premium Credit is Automatically Applied

- Your employer (or plan sponsor's) contribution to cost of health benefits
- Fixed-dollar amount you can use when "shopping" for your HealthFlex plan(s)
- Appears as a monthly "credit" toward cost of plans
- Can be used for medical/Rx, dental and vision plan premiums, **not personal account contributions**
- Your premium credit is assigned based on who you cover in medical (not which plan you elect)
- DO NOT WAIVE PREMIUM CREDIT

Review Your Ele	ection
Enrolled in Premium Credit? Yes	Edit
Effective Date	01/01/2017
Plan Selected	Edit
Plan Selected	Premium Credit
Total Credit Used	\$2,171.00
Credit Remaining	\$4.00
Employee Cost Your employer provides a per paycheck credit to be used to pay premiums for the following benefits: Medical, Dental, Vision Benefits.	-\$2,175.00 Monthly

Need More? Visit the Reference Center



Annual Election (AE): November 1–16

- Before November 1—Use ALEX to help you pick your plans
 - ALEX does not enroll you in any plans!
- November 1–16—Make your 2024 elections
 - Choose your plans
 - Make FSA and/or HSA* contribution elections
 - Accept the terms and conditions for HSA (if applicable)
 - Select a primary dentist in the DHMO (if applicable)

If you do not make elections during AE, you will be automatically enrolled into the following default plans:

- DEFAULT
- Exam Core Vision
- No personal FSA or HSA contributions

* HSA contributions require enrollment in an HSA plan and confirmation that you are eligible per IRS guidelines

Need Additional Help?

Beginning in late October, you can call our AE support center for information

- Basic medical plan information (HSA vs. HRA vs. PPO plans)
- Health account information (differences and limits)
- Drug pricing differences between plans

AE Support: **1-844-688-1375** Monday – Friday / 7a–7p, Central time



Avoid These Common Mistakes

Not using ALEX

Thinking ALEX makes your elections instead of going to BenefitsAccess.org

Writing different FSA/HSA amounts on charge conference form than you entered during AE Choosing the DHMO without selecting an in-network primary care dentist

Not approving the terms and conditions in the HSA

Electing a dependent care FSA when your kids are 13+

Timeline



What We Think You Will Love



The flexibility to choose the right plan(s) for your household

Dental and vision choices

More tax-advantaged money (Health Savings Accounts)

~

Final Questions?



