



Dear Participant,

Our country is hurting, entering its second week of nationwide protests over police brutality and social injustice. While others in the denomination are focused on social justice and we pray for their progress, we are focused on your health and well-being, and the impact of these difficult times on you and your family. We would like to remind you of resources available from Wespath to help support you. We also are providing resources offered by other agencies within the larger Church to further assist you.

On Saturday afternoon, you'll get your first chance to experience the enhancements to our participant account management website, [Benefits Access](#). Today, we're previewing a few more sections of the site in preparation for the launch.

We will continue to live into our mission of caring for those who serve. For information and updates, like us on [Facebook](#) and [Twitter](#), and visit [Wespath's Coronavirus webpage](#). If you require assistance with your benefits or Wespath-administered plans, programs or services, please contact Customer Service at **1-800-851-2201**.

Wespath prays for peace and that you and your family stay safe and healthy.

Emotional Support in Trying Times

Wespath offers resources to support your emotional well-being. If you are feeling anxious or stressed—about this recent injustice, COVID-19, associated financial concerns or other challenges of today—contact the Optum Public Crisis Line at **1-866-342-6892**. The service is available to anyone 24 hours a day, 7 days a week, free of charge—so you can share the phone number with family and friends. Optum also has [resources on their website](#) to help you cope and foster resiliency. These materials are available to all participants (even those not in HealthFlex) by entering the company code: HealthFlex. For additional information about Wespath's emotional well-being resources, visit [our website](#).

If you would like more information about the Church response to the nationwide protests and underlying racial justice issues in this country, we offer the below resources from other agencies within the Church that focus on these concerns. If you're struggling with ways to help or make a positive difference, these organizations may also be a good place to start.

Church Resources Addressing the Protests

- **General Commission on Race and Religion**—[“Moving Toward the Pain”](#) General Secretary Erin Hawkins Responds to the Death of George Floyd
- **General Commission on Race and Religion**—[General resources page](#)
- **Church and Society**—[Resources page on criminal justice reform](#)
- **Church-wide**—[Peace with Justice Sunday](#)

Sneak Peak Part II: Benefits Access Updates

When you log into Benefits Access on Saturday, it will have a different look! Last week, we shared a sneak peek of the new login and homepage screens. This week, we're giving you a preview of the accounts, profile and distributions menus.

Please note, Benefits Access will be unavailable Saturday morning, while the updates are being installed, but we invite you to log in Saturday afternoon to see what the updated site has to offer.

Accounts: While the new homepage provides instant access to your retirement account summary, the Accounts menu provides access to more detailed information about your account (e.g., transaction history, investment summary and contributions), projection tools, quarterly statements tax forms and more.

The screenshot shows the Wespath Benefits Access interface. The top navigation bar includes the Wespath logo, the text "Benefits Access", and a "Log Out" button. The main navigation menu has five tabs: "Accounts" (selected), "Distributions", "Learn", "Profile", and "Help". The "Accounts" menu is open, displaying several categories: "Account Summary", "Transactions" (with sub-items "Transaction History" and "Download Transaction History"), "Investments" (with sub-items "Investments Summary" and "LifeStage Investment Options"), and "Contributions" (with sub-item "Retirement Contributions"). To the right of the "Accounts" menu, there is a "Retirement Projection Tools" section with sub-items: "Retirement Benefits Projection", "Retirement Readiness", "LifeStage Retirement Income Calculator", "Beneficiaries", "Statements", "Tax Forms", "Notification History", "Apply for a Loan", and "Pending Actions". A "Print (PDF)" button is visible next to the "Retirement Readiness" item. On the far right, a "Learn More" section contains several questions about retirement benefits, such as "To see a projection of your available benefits: >>", "Project future retirement benefits", "What are the distribution rules for MPP?", "How does an outstanding loan balance impact my total plan balance?", "What is the difference between Defined Contribution and Defined Benefit plans?", and "What is Normal Retirement?".

Profile: This menu allows you to view and manage your contact information, beneficiaries and more.

If you are not yet receiving your statements electronically, you'll access this menu to elect e-delivery by choosing to "Manage Delivery Options."

The screenshot shows the Wespath Benefits Access interface with the "Profile" menu selected. The top navigation bar is the same as in the previous screenshot. The main navigation menu has five tabs: "Accounts", "Distributions", "Learn", "Profile" (selected), and "Help". The "Profile" menu is open, displaying two main sections: "Access and Security" and "Personal Information". The "Access and Security" section includes sub-items: "User Preferences Summary", "Change Username", "Change Password", "Manage Delivery Options", "Automated Phone PIN", "Security Text Message Options", and "EY Authorization". The "Personal Information" section includes sub-items: "Personal Information Summary", "Update Contact Information", "Beneficiaries", "Beneficiaries Summary", "Manage Beneficiaries", and "Service & Compensation". On the left side of the "Profile" menu, there is a "Summary" section with a "Review & Manage Your" button and a "Choose options for withdrawal" button. Below the "Summary" section, there is a "Plan Balances" section with the text "Ministerial Pension Plan Account". On the far right, a "Learn More" section is visible, containing the same questions as in the previous screenshot.

Distributions: This menu is the starting point for electing and managing retirement benefits, taking distributions or signing up for LifeStage Retirement Income.

HealthFlex Updates

Additional Emotional Well-being Support

Since you're in HealthFlex, you have expanded access to emotional well-being support through the Employee Assistance Program (EAP) and your behavioral health coverage. Review our mailers for information about how to access these services from Optum and [Blue Cross Blue Shield](#) and [United Health Care](#).

Now is a Good Time to Take Your HQ

While the deadline has been extended to September 30 for both the Blueprint for Wellness (BFW) and HealthQuotient (HQ) health assessment, now might be a good time to complete your HQ. The assessment takes only about 15 minutes, and it allows you to compare your results to last year to see how your physical and mental health may have been affected by the pandemic. If you take it now, you won't have to worry about missing the September 30 deadline and paying a higher deductible for your health plan in 2021.

To take the HQ, log in to the [HealthFlex/WebMD website](#). You can also take the HQ in the WebMD Wellness At Your Side mobile app; use the connection code: HEALTHFLEX

COVID-19 Treatment Covered at 100% through June

Wespath has extended full coverage of COVID-19 tests and in-network treatment with no out-of-pocket costs until at least the end of June. As a reminder, the cost of MDLIVE telemedicine service is also waived until at least the end of June as well.

Please call your provider or use MDLIVE during this time to confirm if COVID-19 testing is necessary. The CDC recommends that you call your provider before seeking in person services.

IRS Allows Changes to Health Plans, DCAs and FSAs Due to COVID-19

The Internal Revenue Service (IRS) recently announced that they are allowing changes to health plans in recognition of the fact that many participants are facing unanticipated changes in expenses due to COVID-19. HealthFlex has adopted some of the measures allowed by the IRS including:

- Allowing additional time to make health plan changes after a life event (e.g., birth, adoption, loss of other insurance)
- Permitting mid-year changes to flexible spending accounts (FSAs):
 - Electing, revoking or increasing/decreasing health flexible spending arrangements (health care FSAs)
 - Electing, revoking or increasing/decreasing dependent care assistance programs (dependent care FSAs)

Note: Changes must be prospective; amounts cannot be reduced to less than what has already been contributed either health or dependent care FSAs.

If you would like to make changes to your elections, please contact the health team at **1-800-851-2201**. Additional information about these changes will be available in the coming weeks.

For Your Education



Staying Active During A Pandemic

Todd Creviston, Health Program Manager, talks about the importance of staying active while quarantined and offers easy ways to prioritize your physical health.

a general agency of The United Methodist Church



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Our address is 1901 Chestnut Ave., Glenview, IL 60025, USA

To contact Wespith Benefits and Investments, [click here](#).