Dear Participant,

It's June and many of us are looking toward a summer of social distancing. In some areas, churches are beginning to reopen, while in others, pastors are continuing to adapt their ministries to connect with congregations virtually. With this in mind, we recently launched the <u>Clergy Corner</u> on wespath.org to offer pastors and church leaders ideas and tips for maintaining connection in their communities and congregations.

It has been less than a week since the updates to <u>Benefits Access</u> launched. If you haven't had a chance to try the site and see how much easier it is to find what you're looking for, watch the video below or log on today. We'd love to hear what you think, so please consider taking our three question survey at <u>wespath.org/r/bafeedback</u>.

Our investments team is back with a video summarizing Wespath's <u>Monthly Investment</u> <u>Report</u>, which provides an analysis of market trends and developments, including the ongoing impact of the pandemic.

We will continue to provide information and updates on <u>Facebook</u> and <u>Twitter</u>, and on <u>Wespath's Coronavirus webpage</u>. If you need help managing your accounts or accessing Wespath's programs and services, call us at **1-800-851-2201** business days from 8:00 a.m. to 6:00 p.m., Central time.

## **HealthFlex Updates**

## Available Now: Blueprint for Wellness®—At home

In May, we announced that due to the cancellation of many on-site events and potential concerns about leaving home for an in-lab Blueprint for Wellness screening or physician visit, we are offering Qcard—an at-home screening option from Quest. We are now beginning to roll out Qcard, and your conference is one of the first to have this option!

If you choose Qcard, Quest will mail all of the necessary supplies to your home. You will collect a blood sample via a safe finger prick, and send it in. While the testing panel is slightly less comprehensive than normal, you will receive all the necessary tests to earn wellness points for healthy or improved lab values and will still earn your \$100 incentive. Best of all, you'll be able to keep a pulse on your health from the comfort and safety of your own home.

To request a Qcard, log in to <a href="HealthFlex/WebMD">HealthFlex/WebMD</a> and select "Quest Diagnostics Blueprint for Wellness." After verifying your information, you can choose to schedule your screening —simply choose the Qcard.

Please complete your screening as soon as possible, and no later than **September 30** to earn your incentive.

Read more about the <u>Blueprint for Wellness</u> and/or access instructions for completing your <u>Qcard</u> at home.

## **For Your Education**



Markets At-A-Glance Rashed Khan, Wespath's Director of Portfolio Risk and Analytics, shares our analysis of market trends and developments.



**Benefits Access Update Highlights**Eric Laufer, Wespath's Sr. Business Analyst, showcases the recent updates made to Benefits Access.

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Our address is 1901 Chestnut Ave., Glenview, IL 60025, USA

To contact Wespath Benefits and Investments, click here.