



Dear Participant,

It's mid-July and some states that had reopened are now tightening restrictions as COVID-19 cases rise once again. Mandatory mask policies are becoming more prevalent to help reduce the pandemic's spread.

Yet, we are resilient and life goes on. We continue to revel in the joys of connecting with others, celebrating accomplishments and making plans for the future. And Wespath is still here, ready to help you with those plans.

We recently released our [Monthly Investment Report](#)—which provides an analysis of market trends and developments, including the ongoing impact of the pandemic—and the accompanying Markets At-A-Glance video, wherein Wespath's Manager of Fixed Income Nízida Arriaga breaks down the report's findings.

A second video showcases the ways EY Financial Planning Services can help you with your finances during the pandemic and beyond. Done in interview style, you'll hear from Wespath's Benefits Education Manager, Bob Christophel and Dan Eck, EY Director of Personal Finance as they have a lively discussion on key financial topics.

The July issue of Wespath's *Dimensions* well-being newsletter is now available. Visit wespath.org/benefits/newsletter to learn how managing change with a positive outlook can help you develop a renewed perspective, learn a new skill and strengthen your dimensions of well-being.

We will continue to provide timely updates and information in future updates as well as via social media and on [Wespath's Coronavirus webpage](#). Don't forget to like us on [Facebook](#) and [Twitter](#) so you can get this information first!

Benefits Access Updates: What Did You Think?

Introduced in June, updates to [Benefits Access](#) now make it easier for you to view the site on your smartphone or tablet. The site also offers more intuitive navigation. We asked for your feedback on the enhancements in a three-question survey at wespath.org/r/bafeedback. To date, more than 300 of you have shared your thoughts with us—here's some of what we heard.

You like	You dislike
<ul style="list-style-type: none"> • The larger print, brighter colors and more contemporary look • The more intuitive navigation • The clear and concise account summary 	<ul style="list-style-type: none"> • Having to relearn where to find information. <p><i>Please use the Benefits Access Navigation Guide which may help make it easier for you.</i></p> <ul style="list-style-type: none"> • The new security protocol that requires two-step verification at every sign in, even if you've previously used that computer or device.

- The screen optimization for smartphones and tablets

Two-step verification helps reduce fraud by making it more difficult for cyber criminals to breach your account.

Wespath phone representatives also report that login remains a pain point for some of you. To help alleviate these login issues, here are some **quick tips**:

- When typing in your password or temporary password, click the **“Show”** link so that you see any typos before submitting your login.
- Have your phone nearby so that you can quickly access the security code you will receive as part of our two-factor authentication login process.

If you still need help logging in, Wespath representatives are available business days from 8:00 a.m. to 6:00 p.m., Central time at **1-800-851-2201**.

Resources For Recently Moved Clergy

Many pastors moved to a new church at the beginning of this month or will be moving soon. We are aware that this time can be both stressful and exciting as you dismantle your old life and set up your new one. To help with this transition, here are some useful resources:

- Read our [web article](#) about how appointment changes impact clergy stress and how to make the transition easier.
- Consider using your [EAP](#) (if you have one) for counseling to help you and/or your family deal with the stress of moving and adjusting to a new place. Optum, the EAP provider for HealthFlex participants can be reached at **1-866-881-6800**.
- HealthFlex participants can visit [Live and Work Well](#) for information about settling into a new community and finding local resources, such as child care or elder care. (Company access code: HealthFlex)
- Call [EY Financial Planning Services](#) at **1-800-360-2539** for help with financial stressors related to moving or for expert assistance with other financial matters. EY provides confidential, objective financial counseling at no additional cost to eligible participants.*

[View our video](#) about the potential tax and benefit implications of moving expense payments.

Best wishes with your new appointment!

**Costs for these services are included in Wespath’s operating expenses that are paid for by the funds. Services are available to active participants and surviving spouses with an account balance in Wespath-administered plans, and to terminated and retired participants with an account balance of at least \$10,000.*

HealthFlex Updates

Available Now: Blueprint for Wellness®—At home

Due to the cancellation of many on-site events and potential concerns about leaving home for an in-lab Blueprint for Wellness screening or physician visit, we are offering Qcard—an at-home screening option from Quest. This option is now available upon request to HealthFlex participants.*

If you choose the Qcard option, Quest will mail all of the necessary supplies to your home. You will collect a blood sample via a safe finger prick, and send it in. While the testing panel is slightly less comprehensive than normal, you will receive all the necessary tests to earn wellness points for healthy or improved lab values and will still earn your \$100

incentive. Best of all, you'll be able to keep a pulse on your health from the comfort and safety of your own home.

To request a Qcard, log in to [HealthFlex/WebMD](#) and select “**Quest Diagnostics Blueprint for Wellness.**” After verifying your information, you can choose to schedule your screening —simply choose the Qcard.

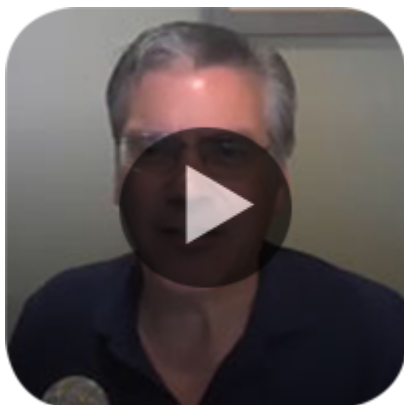
Remember, you can still earn a \$100 incentive by completing your blood screening at your physician's office. Register to receive your physician form by phone at **1-855-623-9355** (Employer group: HealthFlex or United Methodist Church) or online [here](#)—log in and select “Quest Blueprint for Wellness” from the gray bar.

Please complete your screening as soon as possible, and no later than **September 30** to earn your incentive.

Read more about the [Blueprint for Wellness](#) and/or access instructions for completing your [Qcard](#) at home.

*Quest is not able to mail the Qcard to participants who live in New York State due to specific regulations in that state.

For Your Education



Wespath and EY: Financial Planning for Today and Beyond

Wespath's Benefits Education Manager, Bob Christophel, sits down with EY's Director of Personal Finance, Dan Eck, for a conversation about how EY can assist through the pandemic, how to get started with EY, and tools and resources available to Wespath participants.



Markets At-A-Glance

Wespath's Manager of Fixed Income Nízida Arriaga shares our analysis of market trends and developments.

a general agency of The United Methodist Church



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